[Dispersal calendar for major pollens] *Periods and regions in pollen dispersal may differ depending on the time of year

Country	January	February	March	April	May	June	July	August	September	October	November	December
Japan	Cedar											
				Cypress								
					Orchard grass							
								Ragweed				
								Miscanthus				
					Japanese white birch							
									Artemisia			
						Olive						
					Juniper							
				Casuarina								
	Alnus japonica											
					Timothy grass							
								Humulus japonicus				
U.S. Northeast Boston				Alnus japonica								
								Ragweed				
							Timothy grass					
U.S. West California, Orange county	Alnus japonica											
	Timothy grass											
							Ragweed					
Canada Vancouver			Alnus japonica									
					Grass family							
England					Grass family							
					Artemisia							
France						Grass family						
				Ragweed			Ragweed					
Spain	Olive											
					Grass family							
Italy			Olive									
					Grass family							
Finland				Alnus japonica								
						Grass	family					
								Artemisia				

[Source] JAPAN : Panasonic internal research WORLD : TripAdvisor, Inc., World Pollen Calendar: https://tg.tripadvisor.jp/news/graphic/allergies/


Cedar


Cypress


Orchard grass


Ragweed


Miscanthus


Japanese white birch


Artemisia


Olive


Juniper


Casuarina


Alnus japonica


Timothy grass


Humulus japonicus