Panasonic®

Operating Instructions 使用說明書

(Household) Massage Lounger (家用) 電動按摩椅

Model No. 型號 EP-MA03

English EN2 繁體中文 TC2



Thank you for purchasing this Panasonic product.

Before operating this unit, please read these instructions completely and save them for future use.

感謝您購買本 Panasonic 產品。

使用本產品之前,請仔細閱讀本說明書,並妥善保存以供未來使用。



SAFETY PRECAUTIONS

(These must be observed)

Be sure to follow these precautions to prevent injury to people or damage to property.

■ The following precautions are classified according to the extent of possible harm or damage resulting from misuse of the product.

⚠ WARNING ⚠ CAUTION

If not observed, may result in death or serious injury.

If not observed, may result in minor injury or property damage.

■ Instructions that you must follow are indicated using the following symbols. (The following symbols are examples.)

0

Denotes a specific operating procedure that must not be performed.



Denotes a specific operating procedure that must be followed in order to operate the unit safely.

WARNING

• The following persons should not use the product.

Persons for whom a massage is forbidden by doctors, such as persons with thrombosis, serious aneurysm, acute venous aneurysm, various skin inflammations or various skin infections (such as subcutaneous tissue inflammation). Failure to observe this may worsen the symptoms.

- Children should not use the product. Keep them from playing on the product or climbing onto the Lower Leg/Foot massage section, the seat, the backrest or the armrests.
- · Do not climb onto the backrest or the armrests.
- Persons unable to express themselves clearly or unable to operate the product should not use the product.
- When massing the neck, pay attention to moving directions of the massage wheels and do not massage with a too large force or massage front part of the neck.

Doing so may result in accident or injury.



• Do not damage the power cord or the power plug.

(Do not damage it, modify it, place it near a thermal device, bend it by force, twist it, pull it, place a heavy object on it or bundle it.)

If they are used in a damaged condition, it may cause electric shock, short circuit or fire. If the power cord or power plug needs to be repaired, contact your dealer or the Customer Service Center.

• Do not use the sole heat massage for a long time.

Low-temperature burn* may occur.

*Despite comparatively low temperature (40 °C - 60 °C), when the heater section has touched the same area of the skin for a long time, a low-temperature burn may occur even though you do not notice any sensations such as heat or pain etc.

- Do not damage the heater section. (See page EN6.)
 - Do not stick the main unit with a pin or needle.
 - Do not damage it with a blade.

Failure to observe this precaution may cause a damage to the internal heater, and result in a fire or electric shock.



• Do not insert or pull out the power plug with wet hands.

Doing so may cause electric shock.



• Do not refit, disassemble or repair the product without authorized permisson.

Doing so may result in fire, abnormal operation or injury.

forbidden

 Before using the product, persons who are being treated or have any of the following symptoms should consult a physician.



medical device that may be susceptible to electronic problems.(2) Patients with malignant tumors.

(1) Persons with a pacemaker or other in-vivo electronic

- (3) Patients with heart disease.
- (4) Persons unable to identify temperatures.
- (5) Pregnant persons or women who have just had childbirth.
- (6) Persons with diabetes or another serious peripheral circulation disturbance.
- (7) Patients with osteoporosis, spinal fracture, or acute painful diseases such as sprains or muscle strains.
- (8) Persons with injuries in the massaged parts.
- Failure to observe this may result in accident or physical disorder.

(9) Persons with a body temperature above 38 °C (with a fever)(For example, persons with intense acute inflammation symptoms such as listlessness, cold shivers and blood pressure change or persons in poor health).

- (10) Persons who are unwell or must rest.
- (11) Persons with an abnormal vertebra.
- (12) Persons with protrusion of intervertebral disc.
- (13) Persons who feel uncomfortable (except for the circumstances above).

EN₂

⚠ WARNING

• If you feel physically abnormal while using or have no effect after use, stop the product immediately and consult a physician.

Failure to observe this may result in accident or physical disorder.

• While using the massage or when adjusting the backrest or leg/foot massage section, make sure there are no people or pets around the unit (behind, underneath, in front or side of the unit).

Failure to observe this may result in accident or injury.

- · Do not put hands, arms or feet below the backrest fabric that extends to the running massage wheels.
- Before use, take away pillow and waist cushion to check the fabric surface of backrest be covered on the running
 massage wheels no damage. To confirm the surface of fabric no damage at the same time.
 (Even if the fabric is slightly damaged, stop the product immediately, pull out the power plug and send the product
 for repairs.)



- Be sure to start on the gentle massage program "RELAX" when using the unit for the first time.
- The unit must not be used for more than a total of 15 minutes.
- Avoid massaging any one part of your body for more than 5 minutes at a time.
 Failure to observe this may result in an adverse effect or injury.
- After use each time, turn the power switch to the OFF position and the safety lock switch to the LOCK position.
 Take off the safety lock key and then pull out the power plug.

Failure to observe this may result in accident or injury due to tampering by children.

- Do not exceed the ratings of electrical outlets and wiring devices.
- Use AC 220V.

(The unit cannot be used overseas or with a transformer.)

Failure to observe this may cause electric shock, malfunction or fire due to overheating.

• Be sure to push the power plug all the way in.

Failure to observe this may cause electric shock or fire due to overheating.

• Regularly wipe any dust off the power plug.

Failure to observe this may lead to insulation failure due to humidity, etc. and cause fire. (Wipe off dust with a dry cloth.)

A CAUTION

- Do not use the unit together with other therapy apparatus. Doing so may result in accident or physical disorder.
- Do not allow children to use the controller holder clamp screw.
 Failure to observe this may result in accidental swallowing, or accident or injury due to tampering.
- Do not apply the massage heads on the head, stomach or bare skin. Also, do not put your hand or leg between the massage heads.
- Do not put your knees between the calf or sole massage section.
- Do not fall asleep while using the unit or use the unit after drinking alcohol.
 Doing so may result in accident or injury.



- Do not insert your hand or foot between the unit and the leg/foot massage section.
- Do not unplug the unit or turn off the power switch during a massage program.
 Failure to observe this precaution may result in injury.
- Do not stand on the leg/foot massage section when it is not completely retracted.
 The unit may tilt and result in accident or injury.

If the base of the leg/foot massage section touches the floor, the floor may be damaged.

- Do not insert your hand, arm, head etc. in the gap between the leg/foot massage section.

 To be safe, be sure to lower the leg/foot massage section and slide it back into place after finishing a massage.

 Failure to observe this precaution may result in injury.
- Do not drag or push the unit in an installed state. The floor may be damaged.
- Do not move the unit with a person sitting on it.
 Failure to observe this precaution may result in accidents or injuries due to the unit fallen down.
- When moving the unit, do not hold it by anything else except for the plastic part on the leg/foot massage section. (See page EN10.)

The section may slide during the move and result in injury.

• The unit should not be used on top of heating appliances, such as electric carpets, etc. Doing so may result in fire.

⚠ CAUTION

- The following persons must consult with a physician before use, even if they are currently healthy.
- (1) People with weak muscles due to aging or slim people, (2) People with lumbago attributed to bones or internal organs,
- (3) People who often bruise or sustain sprains, (4) People who suffer from severe motion sickness, (5) People who have had a heart surgery or surgery of the internal organs in the past.

Failure to observe this may result in impairing your health.

• Sit on the unit after confirming there is no foreign matter between the parts of the unit. (Check that there is no foreign matter stuck in the backrest, seat, leg/foot massage section or the rear of the pillow and the lower back cover.)

Failure to observe this may cause an accident, injury or malfunction due to your hands, feet or matter getting caught.

- Sit on the unit after removing any hard items such as hair accessories worn on the head.
- If hard object is remained in the trouser pocket, please take it out first and then start the massage. Failure to observe this may result in injury.
- Sit on the unit after checking that the massage heads are in the retracted position.
- · When getting off the unit during a massage program, always turn off the operation before getting off. Failure to observe this may result in accident or injury.
- When unplugging the unit, always hold the power plug and not the power cord. Failure to observe this may result in electric shock or short circuit.



- To ensure safety, connect the unit to a properly grounded outlet. Failure to observe this may result in electric shock in case of a malfunction or ground leakage.
- When moving the unit, make sure to return the leg/foot massage section to its initial position. Failure to observe this may result in injury.
- Store the lock switch key out of the reach of children. Failure to observe this may result in accidental swallowing, or accident or injury due to tampering
- · When using the wheels to move the unit, remove any obstacles around the unit, return the backrest to its original position, lift the leg/foot massage section and seat no higher than the waist, and move it slowly. (See page EN10.) Failure to observe this may result in accident or injury due to the unit falling down.
- Use the unit on the flat area.

Failure to observe this precaution may result in accidents or injuries due to the unit fallen down.

- If the unit does not work or if an abnormality is felt, stop using it immediately, unplug the unit and request an inspection/repair. Failure to observe this may result in electric shock or fire.
- If you notice symptoms such as rash, reddening of the skin or itching due to the use of the unit, stop using it and consult with a physician.

Failure to observe this may result in accident or physical disorder.

· If the unit has not been used for some time, carefully read the instruction manual again, and check that the unit functions properly before use.

Failure to observe this may result in accident or injury.

• When moving the unit with the wheels, place a mat etc. on the floor. Failure to observe this may cause damage to the floor.



The unit should not be used in bathrooms or other damp or humid places

This may cause electric shock or the unit to malfunction.



• Water, etc. should not be spilled on the unit and controller.

Failure to observe this may cause electric shock, short circuit or malfunction.



• Unplug the power plug from the outlet when cleaning the unit. Failure to observe this may result in electric shock or injury.

 In case of a power failure, unplug the power plug immediately. Failure to observe this may result in accident or injury when power is resumed.

Unplug the power plug from the outlet when not in use.

Failure to observe this may lead to insulation failure due to dust and humidity, and cause fi e due to electric leakage.

GROUNDING INSTRUCTIONS

The unit must be properly grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current in order to reduce the risk of electric shock.

This unit is equipped with a cord with an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that has been properly installed in accordance with all local codes and ordinances.

♠ CAUTION

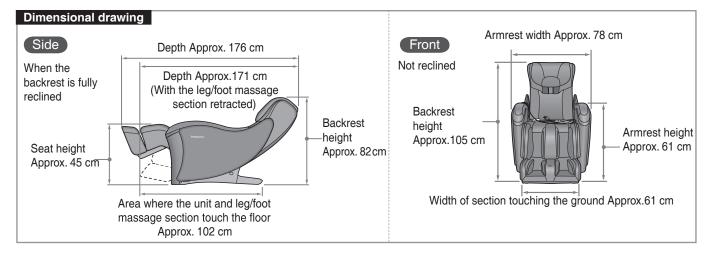
Improper connection of the equipment-grounding conductor may lead to electric shock. Check with a qualified electrician if you are in doubt as to whether or not the unit is properly grounded. Do not modify the plug provided with the unit if it will not fit the power outlet. Instead, have a proper outlet installed by a qualified electrician.

This unit has a grounding plug. Make sure that the product is connected to a power outlet with the same configuration as the plug. Do not use an adaptor with this unit.

SPECIFICATIONS

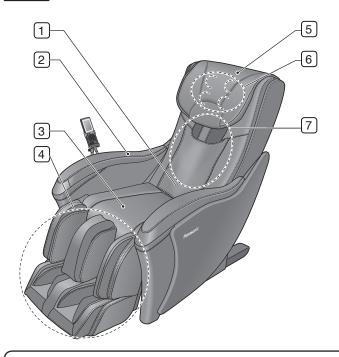
Deliver Cumply	AC 220 V 50 Hz		
Power Supply:			
Power Consumption:	139W		
Upper Body Massage:			
Massage area (Up-Down):	Approx. 64 cm (The massage heads move a total of Approx. 58 cm)		
Massage area (Left-Right):	Distance between massage heads during operation		
	Neck, Shoulder, Back, Lower back: Approx. 4 cm - 15 cm		
Massage area (Forward-Back):	Projected amount of massage head		
	Approx. 6 cm		
Massage speed:	Тар:	Approx. 285 times/min – 495 times/min (single side)	
	Knead:	Approx. 7 times/min – 25 times/min	
	Movement speed:	Approx. 2 cm/s – 4.5 cm/s	
Massage width:	Same as massage area (left-right)		
Air Massage:			
Air Pressure:	3: Approx. 32 kPa		
	2: Approx. 28 kPa		
	1: Approx. 20 kPa		
Automatic Shut-off:	Automatically turns off after a maximum of 15 minutes		
Dimensions (H x W x D):			
When not reclined:	Approx. 105 cm × 78 cm × 150 cm		
When reclined:	Approx. 82 cm × 78 cm × 176 cm		
Weight of Unit:	Approx. 63 kg		
Dimensions of Box (H×W×D):	Approx. 81 (H) × 78.4 (W) × 179 (D)		
Weight in Box:	Approx. 82 kg		
Maximum User Weight:	Approx. 120 kg		

For those who weighing 100 \ensuremath{kg} or more, the product operations may make more noise and the fabric cover may wear faster.

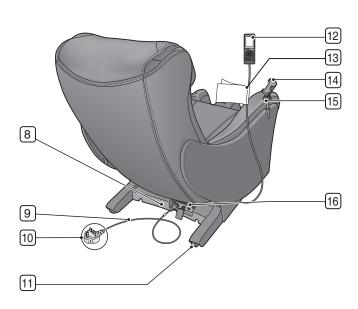


Main unit

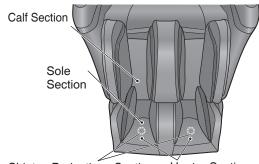
Front



Back



- 1 Lower Back Cover
- 2 Armrest
- 3 Seat
- 4 Leg/Foot Massage Section



Shiatsu Projections Section Heater Section

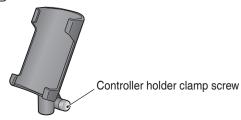
- 5 Pillow
- 6 Retracted Position of Massage Heads
- 7 Backrest



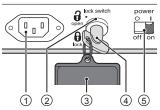
Massage Heads = embedded massage function with kneading float mechanism

- 8 Specification Label
- 9 Power Cord
 - Cord length: Approx. 1.8 m
- 10 Power Plug

- 11 Wheels
- 12 Controller
- [13] Safety Precaution Label
- (14) Controller Holder

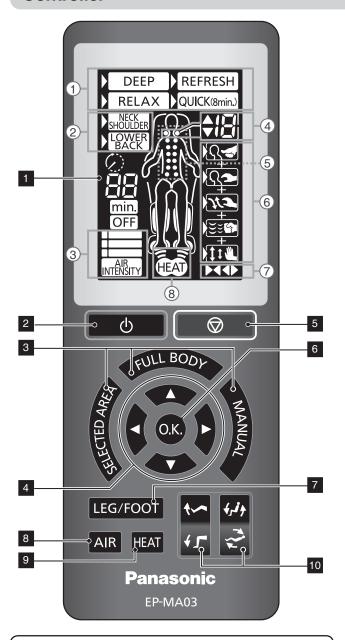


- [15] Controller Stand
- 16 Power Switch Section
 - See page EN12.
 - Lock switch is set to "open" and power switch is set to "on" prior to leaving the factory.



- ① Appliance Inlet
- 2 Lock Switch
- 3 Lock Switch Key Tag
 - To prevent children from accidentally swallowing the lock switch key.
- 4 Lock Switch Key
- **⑤** Power Switch

Controller



- 1 Display
 - This illustration is when all lamps are illuminated.
- 2 Off/On button
 - Switches the controller on and off.
- 3 Menu Selection buttons
- 4 Up/Down (▲ / ▼) Adjustment buttons Left/Right (◄/▶) - Adjustment buttons
- 5 Quick Stop button
 - Press this button to stop the massage immediately.
- 6 O.K. button
- 7 Leg/foot Massage Off/On button
 - Switches the leg/foot massage on and off.

(See page EN21.)

- 8 Leg/foot Air Intensity buttons
- 9 Sole Heat Off/On button
- 10 Reclining Angle Adjustment button
 Leg/foot Massage Section Angle Adjustment button

Display

- 1 "FULL BODY" Display
 - When selecting a program:

The mark for the currently selected program is displayed.

• During the massage:

The current program is displayed.

② "SELECTED AREA" Display

- When selecting a program:
 - The mark for the currently selected program is displayed.
- During the massage:
 The current program is displayed.
- (3) Leg/Foot Air Massage Intensity Display
 - Displays intensity of current leg/foot massage in 3 levels.
- (4) Shoulder Position Display
 - Flashes in shoulder position adjustment mode (Approx. 15 seconds)
 - Lights up while the "FULL BODY" and "SELECTED AREA" programs are operating to display the shoulder positions.
- (5) Massage Head Position Display
 - Displays current approximate position of massage heads.
- (6) Massage Operation Display (See page EN19.)
- (7) Width Display
 - When using the operation in which the width can be adjusted in the manual mode, displays the current spans during massages.
 - Narrow width / Widen width
- (8) Heat Operation Display
 - Displays the on/off status of the sole warmth.
 - If the set temperature is exceeded, the double line on the warmth operation screen will switch from flashing to being steadily lit.

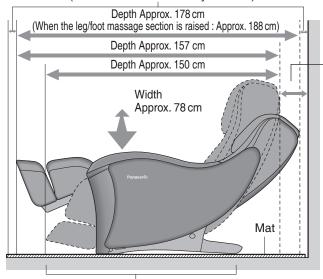
SETTING UP THE UNIT

TO START WITH (INSTALLATION LOCATION)

Before taking the unit out of the box, decide where it is going to be set up.

Ensure that there is enough space for the unit power switch to be operated. (Approx. 10 cm of space in both the rear and on both sides)

Keep at least 3 cm away from the wall. (When the backrest is fully reclined)



More than 10 cm (When the backrest is fully upright)

Area where the unit and leg/foot massage section touch the floor Approx. 102 cm

- Do not expose the massage lounger to direct sunlight or high temperatures, such as in front of heating sources, because this can cause discoloration or hardening of the synthetic leather.
- Make sure to install the unit so that the back side of the main unit does not touch the wall or any objects. (Failure to do so may cause damage such as the back side deformation.)
- Place the unit on a mat to prevent floor damage. When placing a mat under the unit, the size of the mat should be sufficient (at least 63 cm × 104 cm) to cover the areas where the unit touches and where the leg/foot massage section could touch the floor, as shown in the diagram.
- Install the unit near a power outlet.

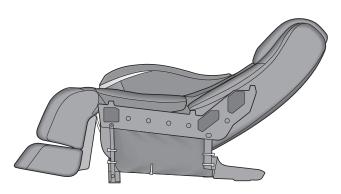
EP-MA03. indb

1. Open the packaging and take out the unit and accessories.

Confirm that the main unit and the accessories are in the box.

Main unit

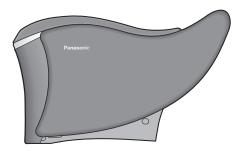
* Ilustrated in the condition that it is taken out of the box.



(When the backrest is fully reclined)

Accessories

Elbow Component (left)



Controller Holder

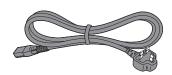


Lock Switch Key (1 pcs.)

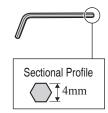


 The lock switch key has been inserted in the lock switch prior to leaving the factory.

Power Cord



Allen Key (1 PC)



Screw Accessory

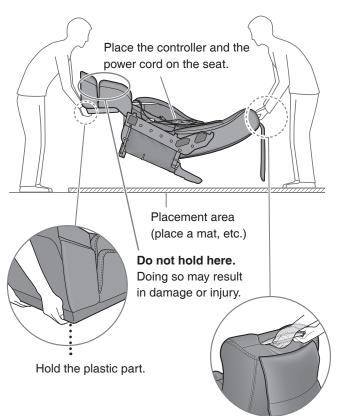
(M6×19) Black (2 PCS)

2. Moving the unit and setting it up.

- Since the unit is very heavy (approximately 63 kg), be careful to avoid back injuries. (The unit must be carried by two persons.)
- Put the unit down slowly and carefully watch your step.

Lifting the unit to install and setup the unit

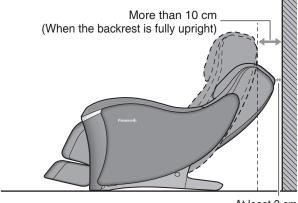
 You may damage the floor by dropping the unit if you do not hold it correctly.



Hook your fingers on the stiff plastic part inside.

Install the unit with the backrest away from the wall.

Make sure the backrest does not touch the wall.

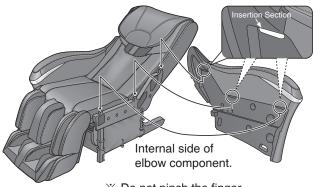


At least 3 cm (When the backrest is fully reclined)

Assembly

Install the elbow component into the body.

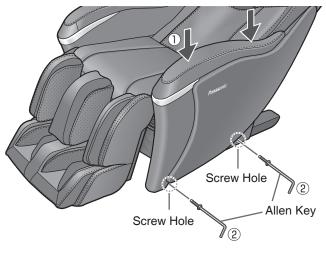
- (1) Insert the elbow component into 3 points of the body.
- 2 Then press it downward.



 $\ensuremath{\,\times\,}$ Do not pinch the finger.

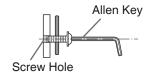
Fix with screws (One screw on front and rear separately)

- ① Insert the clamp screw into the screw hole. After aligning with the screw hole on the body, press it downward.
- ② Secure the clamp screw on the edge of Allen Key and then fasten the screw.



* Fasten this side first.

Screw Fastening Method



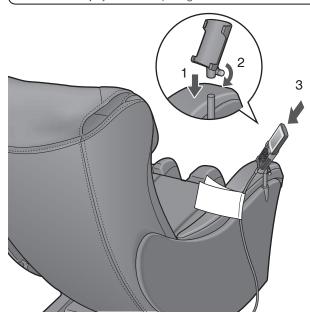
- Horizontally align with the hollow and then lock tight.
- If inserting the screw into the screw hole improperly, then it may damage the screw when fastening the screw with Allen Key.

Attach the controller holder and place the controller into the controller stand.

- 1 Insert the controller holder into the controller holder until it clicks in to place.
- 2 Fasten the controller stand with the controller holder clamp screws.
- 3 Placing the controller into the controller stand.

VARNING

• Do not allow children to use the controller holder clamp screw. Failure to observe this may result in accidental swallowing, or accident or injury due to tampering.



Using the wheels to move the unit After procedures 1 to 5 on page EN12;

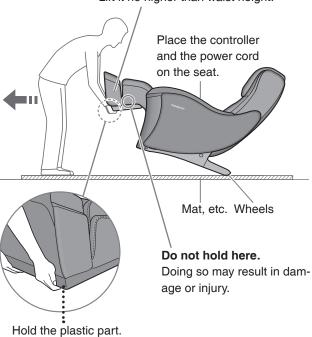


1) Press the button to return

the back rest to its original position.

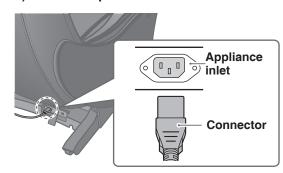
2) Slide the power switch to the "off" position and unplug the unit.

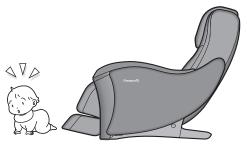
Lift it no higher than waist height.



Connect the power cord to the unit

- 1) Check for dirt and damage on appliance inlet of the power switch section and the connector of the power cord.
- 2) Insert the connector into the appliance inlet.
- 3) Be sure to push the connector in all the way.





1 Check the surrounding area.

Make sure there are no objects, people, or pets in the vicinity of the unit.



2 Flip up the pillow.



3 Make sure there is no foreign matter between the unit.



4 Check the power cord and the power plug.

WARNING

Regularly wipe any dust off the power plug.

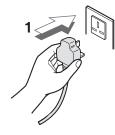
Failure to observe this may lead to insulation failure due to humidity, etc. and cause fire. (Wipe off dust with a dry cloth.)

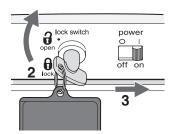
• Do not damage the power cord or the power plug.

(Do not damage it, modify it, place it near a thermal device, bend it by force, twist it, pull it, place a heavy object on it or bundle it.)

If they are used in a damaged condition, it may cause electric shock, short circuit or fire. If the power cord or power plug needs to be repaired, contact your dealer or the Customer Service Center.

5 Switch on the power supply.





WARNING

Be sure to push the power plug all the way in.

Failure to chear to this may ague alectric should be a sure of the power plug all the way in.

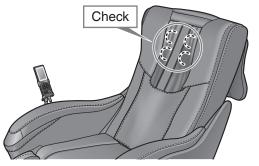
The power plug all the way in the power plug all the

Failure to observe this may cause electric shock or fire due to overheating.

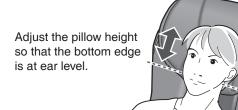
- Do not exceed the ratings of electrical outlets and wiring devices.
- Use AC 220V.

(The unit cannot be used overseas or with a transformer.) Failure to observe this may cause electric shock, malfunction or fire due to overheating.

- Do not insert or pull out the power plug with wet hands.
 Doing so may cause electric shock.
 - 1 Insert the power plug into an electrical outlet.
 - 2 Turn the lock switch key to the "open" position.
 - 3 Slide the power switch to the "on" position.
- * When the electrical plug is plugged in and the power is switched "On," the controller display might momentarily light up.









6 Touch the massage heads with your hands to make sure that they are retracted.

When the massage heads are not in the retracted position

• Press the button twice to return the massage heads to the retracted position.

7 Check that the fabric of the unit where the massage heads move has not been ripped.

• Flip the pillow and lower back cover to check the fabric where the massage heads are moveable.

⚠ WARNING

 Before using the unit, always raise the pillow and lower back cover to check that there are no rips in the fabric covering the area where the massage heads move.

To confirm the surface of fabric no damage at the same time. (No matter how small the rip, stop using the unit immediately, unplug the power cord, and have the unit repaired.) Using the unit with a ripped fabric may result in injury or electric shock.

8 Sit down and adjust the pillow.

Adjust the controller stand.

• Adjustable to the right and the left.

9 Select a massage menu.

(See page EN14.)

10 Adjust the reclining angle as necessary.

SELECTING A MENU AND STARTING THE MASSAGE



MARNING

- Be sure to start on the gentle massage program "RELAX" when using the unit for the first time.
- The unit must not be used for more than a total of 15 minutes.
- Avoid massaging any one part of your body for more than 5 minutes at a time.

Failure to observe this may result in an adverse effect or injury.

- After 15 minutes of use, we recommend that you take a 10 minute break.
- Use the unit up to twice per day, for a total of 30 minutes.

1 Press the button to turn on the power.

(The power will turn off automatically if you do not select a menu or start a leg/foot massage within 3 minutes after turning on the power.)

2 Select a menu from among "FULL BODY", "SELECTED AREA" and "MANUAL" operation.



FULL BODY

(See page EN15.)

You can select from among 4 programs for automatically loosening from neck to lower back.

• The leg/foot (heat/air) massage begins simultaneously.



SELECTED AREA

(See page EN18.)

You can select "NECK SHOULDER" or "LOWER BACK".

• The leg/foot massage begins simultaneously.



MANUAL

(See page EN19.)

You can concentrate the massage on desired areas.

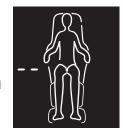
When using the leg/foot (Heat/Air) massage only

To start the leg/foot massage

Press the LEG/FOOT button. (See step 2 on page EN21.)

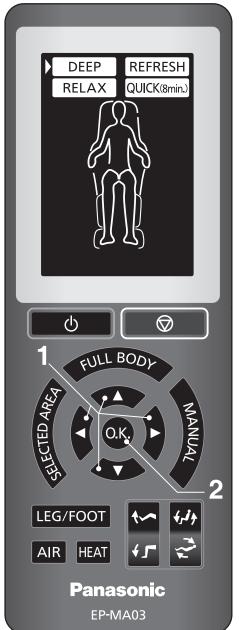
If the power of the main unit is turned off or if the power plug is removed, the massage heads may automatically move when being used next time.

When the massage heads are moving, the following display appears. This is not a malfunction.
The unit can be used as normal after the massage heads move for a while.



USING "FULL BODY" MASSAGE

[Program Selection Mode]



Press the button to enter the program selection mode for FULL BODY Programs.

(The power will turn off automatically if no operation is performed within 3 minutes after entering the program selection mode.)

1 Press ▲ ▼ ◀ ▶ to select a program.

Select one of "DEEP", "RELAX", "REFRESH" and "QUICK (8 min.)".





A flashing arrow indicates the currently selected program.

The leg/foot massage start simultaneously no matter which programs are selected.

"FULL BODY" massage characteristics

DEEP

When you want to have a firm deep tissue massage for neck and shoulder stiffness, lower back fatigue and your entire body, the massager will knead your neck and shoulder area upwards and downwards, and roll your entire body.

RELAX

When you want to have a gentle tension-releasing massage for neck and shoulder stiffness, and full body fatigue, the massager will focus on kneading and stretching the back muscles to gently relax the entire body.

REFRESH

When you want to have a rhythmical massage for neck, shoulder and lower back stiffness, the massager will focus on tapping to the entire body.

This massage program invigorates and refreshes.

QUICK (8 min.)

When you want to have a quick tension-releasing massage in your short break, based on the "DEEP" program,the massager will concentrate on kneading and loosening the points where stiffness and fatigue are easily felt in an abbreviated 8-minute program.

2 Select a program and press the O.K. button.

1 The unit will automatically recline to the correct massage position.



Reclined Approx. 18°

If the massage lounger is reclined further than the massage position angle, it will not automatically return to the correct massage position.

Lower the massage heads from their upper retracted position.

2 Put your head and shoulders on the backrest.



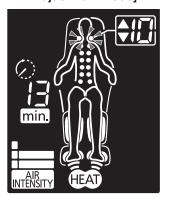
The massage heads will move slowly upwards with the unit emitting a beeping sound.

3 The massage heads rise up and stop where they least contact the body.



4 A double beep and the flashing of indicate that the massage heads are being finely adjusted to the shoulder position.

[Shoulder Position Adjustment Mode]



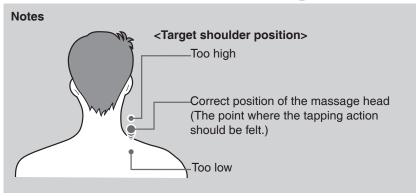
<How to adjust>



Press ▲ ▼ to adjust the position. (Each press moves the massage heads approximately 1.5 cm.)

5 When the shoulder position is matched, press button to begin the program.

• The program will begin automatically in 15 seconds if the O.K. button is not pressed.



- After the shoulder position has been fixed, the leg/foot massage section may raise up based on the height for a person short in height.
 (To make sure that the feet can reach the sole section when simultaneously using the leg/foot massage.)
- The shoulder position can be adjusted whenever the massage is operating. (When using "MANUAL", it can not be adjusted.)

Be sure to put your head and shoulders on the backrest then start the massage.

 Do not move your head and shoulders away from the backrest until the shoulder position is determined. If the shoulder confirmation does not work well, an error will display (U10), and the operation might end. (See page EN29.)



To Customize

When turning off the the leg/foot (Heat/Air) massage Press the LEG/FOOT button.

(See page EN21.)

To adjust the intensity of the leg/foot (Air) massage Press the AIR button.

(See page EN21.)

When turning off the sole heat function only. Press the **HEAT** button.

(See page EN21.)

To change the content of the massage

To select a different program from "FULL BODY" massage

button, and select a different program. Press the Upper body massage will stop temporarily.

(See page EN15.)

To change to "SELECTED AREA" massage



Upper body massage will stop temporarily.

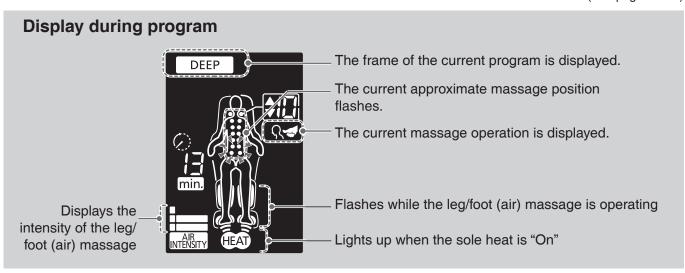
(See page EN18.)

To change to Manual operation



Upper body massage and foot operation will stop temporarily.

(See page EN19.)



USING "SELECTED AREA" MASSAGE

[Program Selection Mode]



Press the SELECTED AREA button to enter the program selection mode for SELECTED AREA.

(The power will turn off automatically if no operation is performed within 3 minutes after entering the program selection mode.)

1 Press the ▲ ▼ buttons to select a program.

Select either "NECK SHOULDER" or "LOWER BACK".





A flashing arrow indicates the currently selected program.

The leg/foot massage start simultaneously no matter which programs are selected

2 Select a program and press the O.K. button.

The unit will automatically recline to the correct massage position.

(See page EN15.)

To Customize

- When turning off the leg/foot(heat/air) massage Press the LEG/FOOT button.
- To adjust the intensity of the leg/foot (air) massage Press the AIR button.
- When turning off the heat function only.Press the HEAT button.

(See page EN21.)

To change the content of the massage

■To select a different program from "SELECTED AREA"

Press the button, and select a program.

Upper body massage will stop temporarily.

To change to "FULL BODY" massage

Press the button, and select a different program.

Upper body massage will stop temporarily.

(See page EN15.)

To change to "MANUAL" operation

Press the NANUAL button.

Upper body massage and the leg/foot massage will stop temporarily.

(See page EN19.)

USING "MANUAL" MASSAGE

MARNING

 Avoid massaging any one part of your body for more than 5 minutes at a time.

Failure to observe this may result in an adverse effect or injury.

Press the MANUAL button to select preferred massage operating mode.

(The power will turn off automatically if no operation is performed within 3 minutes.)

Basic massage (when used with a single operation) 1 Select the types of massage using the ▲ ▼ buttons.

Select the types of massage from Neck roll, Neck knead, Knead, Tap and Back roll.

O.K.



※The selected type ► flashes.

2 Press **♦** buttons when selecting a massage operation.

* The chosen operation is encircled by a frame.

3 Press the O.K. button.

The massaging position is automatically set.

The massage starts with the selected operation. If "Neck roll," "Neck knead," or "Back roll" are selected, the operation starts by the approximate location of the shoulders being checked. (See page EN15.)

(Foot massaging does not simultaneously start)

<Types of massage>

	Туре		Operation
1	९€	Neck roll	Ω Neck roll
2	२०	Neck knead	Ω ≥ Neck knead
3	KZ	Knead	Knead downwards Knead upwards
4	<u>ş</u> ş e	Тар	Soft Normal Soft
5	[]	Back roll	Full Partial



If the O.K. button is pressed without an operation being selected, the same operation will be selected that was operated when the button was pressed once.

When choosing an operation, the selection sequence can be reversed by pressing \blacktriangleleft button.

When using a combination of several massage operations

(Example) When selecting "Knead (Upwards)", "Tap(Normal)" and "Back roll(Partial)"

 Use the ▲ ▼ buttons to select the type of "knead" massage.



- 2.Select "Knead upwards" with ▶ button.
- * The chosen operation is encircled by a frame.



- 3.Align with "tap" via the ▼ button, and select operation "Normal" with ▶ button.
- * The chosen operation is encircled by a frame.



- 4.Select "Back roll" with ▼ button and "Partial" with ► button.
- * The chosen operation is encircled by a frame.





<Note>

Select the massage type using $\blacktriangle \nabla$ buttons, if \blacktriangleright button is pressed the combinations of available massage types are displayed.

[Example]

If "Neck roll" is selected, "Tap (Normal)" or "(Soft)" can be selected.



To cancel the selection of a massage operation while setting an operation

Press ▶ button to cancel a framed operation which is selected.

To Customize

To adjust the upper and lower positions of the massage heads



Press ▲ ▼ buttons to adjust.

- Each press moves the massage heads approximately 1.5 cm.
- When you hold down the button, the operation will continue until you release it.



Flashing indicates the approximate current position.

To adjust the massage width

Just operates with the "tap" and "back roll" massages.



Press **◄** ▶ buttons to adjust.

• The narrowness or broadness of the width can be adjusted.

When using the leg/foot (heat/air) massage simultaneously Press the LEG/FOOT button.

(See step 2 on page EN21.)

To change the content of the massage

To change from a "MANUAL" operation

MANUAL Press the ' button, and select operations from the types of massage. (See page EN19.)

To change to "FULL BODY" massage

Press the ' button, and select a program.

Upper body massage will stop temporarily.

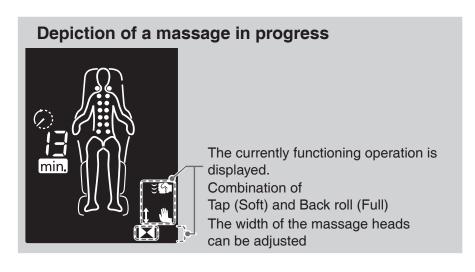
(See page EN15.)

To change to "SELECTED AREA" massage

button, and select a program. Press the S

Upper body massage will stop temporarily.

(See page EN18.)



USING LEG/FOOT MASSAGE

For a person with sensitive skin, wear thick socks.

1. Press the button to turn on the power.

2. Press the LEG/FOOT button.

The leg/foot massage begins.

- The massage begins with the intensity at "2" and heat function "on".
- When the upper body massage is not being used, even if LEG/FOOT is pressed, "Off" cannot be set.
- Press the AIR button without pressing the LEG/FOOT to use the air massage only.
- The HEAT cannot be used alone.

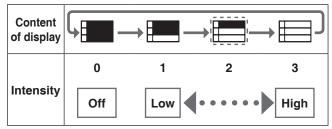


To adjust the intensity of the leg/foot massage





Press the AIR button to adjust the intensity.



When the upper body massage is not being used, it can not be turned off the leg/foot massage section with the button.

To turn off the "Heat" function



When HEAT is pressed, it can be toggled back and forth between "On" and "Off."

The HEAT cannot be used alone without operating the upper body massage or AIR.

Leg/foot massage duration

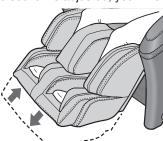
To use leg/foot massage only: The massage lasts for approximately 15 minutes.

To combine with upper body massage: When the upper body massage ends, the leg/foot massage ends simultaneously.

For a person with large body dimensions

If the slide of the sole massage section is adjusted, your knees will not be lifted as much.

Push with the soles of your feet to slide the leg/foot massage section out.



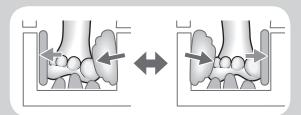
Lift your soles slightly and leg/foot massage section returns.

Operations of leg/foot (heat/air) massage

CalfCalves will be compressed by pressing against from both sides.

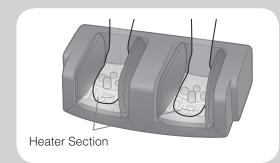


Sole
Position your feet in the footrests so that the shiatsu nodules are in contact with the soles of your feet.
Foot will be compressed from bottom using the shiatsu projections.



This operation warms up the soles and makes you feel comfortable.

You can feel warmer by laying a lap blanket, etc.



The heat alone cannot be used.

END THE MASSAGE

Timer function

The massage will complete automatically approximately 15 minutes after the start of operations.

- The leg/foot massage section will be lowered automatically
- The massage heads move to the retracted position.
- Backrest will not rise automatically.

Backrest will rise by pressing button twice.

Interrupting the massage

Press the button.

- The leg/foot massage section lowers automatically. The massage heads move to the retracted position.
- The backrest will rise after the massage heads retract.

If you experience any problems

Press the button.

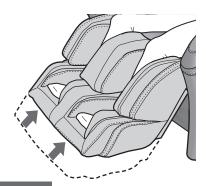
- All operations will stop immediately.
- Get off the unit carefully to prevent the unit tipping over.

Slide back the leg/foot massage section

MARNING

• Do not let children use the unit. Also, do not let children play on the unit or climb onto the leg/foot massage section, seat, backrest or armrest.

Doing so may result in accident or injury.

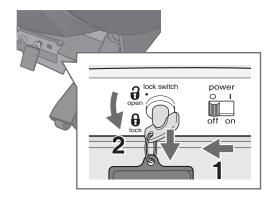


Lift your soles slightly and the leg/foot massage section returns.

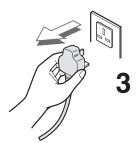
Disconnecting the power

MARNING

- After use, be sure to slide the power switch to the "off" position and turn the lock switch to the "lock" position, and remove the key and power plug.
- Failure to observe this may result in accident or injury due to tampering by children.
- 1 Slide the power switch to the "off" position.
- **2** Turn the lock switch key to the "lock" position.



- 3 Remove the power plug from the electrical outlet.
- 4 The lock switch key must be stored out of the reach of children.



CLEANING AND MAINTENANCE

Never use chemicals such as thinner, benzine, alcohol, etc.



Synthetic Leather, Plastic Area

Routine cleaning and maintenance

Wipe off dust and mild dirt with a soft dry cloth.

When dirty

Soak a soft cloth in water or a mild detergent diluted to
5% with warm water, and wring out thoroughly.



2 Wipe the surface.

(Wipe the fabric parts and synthetic leather with a patting motion.)



3 Wipe off the cleaning fluid with a cloth moistened with water only and thoroughly wrung out.



- 4 Wipe with a dry, soft cloth.
- 5 Allow the unit to dry naturally. (Do not rapidly dry using dryers, etc.)

When the dirt is not easily removed

Try the following methods during Step 1.

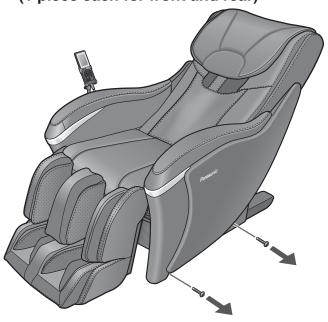
<For synthetic leather>

Wipe with commercially available "melamine foam sponge" soaking mild detergent.

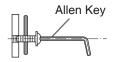
Elbow Component Dismantling Method

If it is required to move the body due to housing moving and it cannot pass through the door, please dismantle the left-side elbow component.

1 Remove the clamp screw (1 piece each for front and rear)



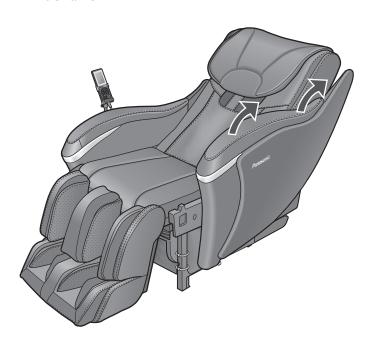
Screw Removing Method



- Secure the clamp screw on the edge of Allen Key and align it with the hole horizontally and then release.
- If inserting the screw into the screw hole improperly, then it may damage the screw when fastening the screw with Allen Key.

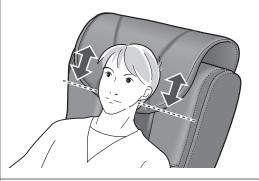
2 Remove the elbow component from the body.

 Pull the upper section of elbow component upward and then dismantle it.



Q&A

- Can I use the unit if I am going to hospital due to an illness? Q:
- A: Consult with your physician before using the unit. Massaging uses "contact pressure stimulation" to relax the muscles by applying pressure and to improve blood circulation. Please be sure to consult with a physician, as this may worsen symptoms depending on the illness. (See pages EN2 to EN4)
- Q: How tall do I need to be to use the unit?
- As physique varies among individuals, refer to the following rough guideline. A: If a person shorter than about 150 cm or taller than about 185 cm use the upper body massage and leg/foot massage at the same time, their feet may not reach the sole section or the person may feel cramped.
 - * For a person short in height using the (FULL BODY) mode, who have trouble in raising the leg/foot massage section, using the unit by raising the backrest and the leg/foot massage section to the upright position could improve the massaging effects.
- Q: When massaging, how do I use the pillow?
- A: When massaging, use the pillow as follows:
 - Normally, adjust the pillow height so that the bottom edge is at ear level.
- When feeling that the massage on the neck and shoulders is not intense enough, you can flip the pillow. Try to massage without the pillow.





- Q: The intensities on the left and right sides feel different.
- A: It may feel different due to the structure of the unit. Because an alternate tapping method is employed to give a massage that feels natural, the massage heads may not move in a uniform manner. Therefore, the intensity on the left and right sides may feel different, but this is not a malfunction.
- Q: Sometimes it feels as if the massage heads are bouncing behind my back, is this okay?
- A: To experience the massage more softly, this unit adopts the kneading float mechanism. Depending upon your physique and how you are sitting, you might feel as if the massage heads are bouncing as they move, since the mechanism moves as such, this is not a malfunction.
- Q: Does the displayed remaining time vary with the program?
- A: Yes, the displayed remaining time varies.

The timer will set a time when you press the button and then select a program.



About 15 minutes except for Quick (8 min).



About 15 minutes. About 15 minutes.



About 15 minutes for leg/foot massage only. When being combined with upper body massage, it will be set to the upper body massage time.

 st When changing programs in the middle of the operation, the massage will continue only for the remaining time displayed because the timer has already been set.

Q:	Why doesn't the backrest return to its original position after finishing the massage?
A:	When the massage ends with the timer, in accordance with the settings, the backrest does not become upright to maintain the reclining position. To return the massage lounger to its original position, press the button on the controller twice and the chair will automatically returns to its original position.
Q:	The sole shiatsu is too intense
A:	Use the AIR button to change the intensity to [1]. In addition, the sole shiatsu intensity is diminished by lowering the leg/foot massage section.
Q:	The operating sound is noisy
A:	The unit makes sounds such as operating sounds of the massage function due to its structure. (See the top of page EN28 for details) It may be a malfunction if the sound becomes louder, so please request a dealer for an inspection/repair.
Q:	Is the sound using the leg/foot massage normal?
A:	For the leg/foot massage of this product, the massage is reformed by using air pressure. The product's internal air pump pumps air, and the solenoid valve intakes and exhausts the air. Thus, generated sound is not a problem. If the sound is extremely loud, the massage lounger might be malfunctioning. If this occurs, request the dealer or service center to carry out an inspection and repairs.
Q:	What should I be careful of when transporting the unit, such as in a move?
A:	Please be careful of the following points. • Make sure the backrest is fully reclined to facilitate the transport. • Do not move the unit with a person sitting on it. 1. Press the button to turn on the power. 2. Press the buttons to fully recline the backrest.
	Keep pressing these two buttons until you hear a beeping sound. * You will hear a beeping sound when the leg/foot massage section is folded away, but keep pressing the buttons until the backrest is fully reclined. 3. Press the button to turn off the power and remove the power plug from the outlet (See page EN24) • If packing carton is not available, use packing material to protect the unit from scratches and as an anti-vibration measure, and handle with care. • When packing the unit, check that the power cord is not tangled around the unit, and place it on the seat so that it does not drag on the ground while moving the unit.
	If it cannot pass through the door, please dismantle the right-side elbow component.
Q:	Where can I find the serial number of the product?
A:	Raise the Leg/Foot massage section, and you will find the serial number under the seat of the unit.

TROUBLESHOOTING

Inspect and remedy the following items.

Contact the service center if something is still wrong after attempting to remedy a problem.

Problem

Cause and Remedy

Motor Noises

- 1. Operational noises in the kneading region (upper body)
- The massager's kneading and tapping operational noises
- Operational noises while the massager moves up or down
- Squeaking noises when the kneading region is under a load
- Motor sounds, belt revolving sounds
- 2. Reclining operational noises
- 3. Foot massager region operational noises
- 4. Air massager swivable section
- Pump operational noises
- Air discharging sounds.
- Solenoid valve switchover sounds
- 5. Vibration when the reclining operation commences
- These sounds are perfectly normal and will not have any effect on the operation of the unit.

The massage heads stop during operation.

(When the unit beeps, the operation display on the controller goes out and operations stop.)

When excessive force is applied to the massage heads during operation, in the interests of safety the massage heads may stop moving.

When the massage heads has stopped, turn off the power of the unit once, turn "on" the power again after approximately 10 seconds, and then operate the unit.

If the massage heads stop again, position yourself so that your back is not completely in contact with the backrest. (For those who weigh 120 kg or more, especially pay attention to use of the unit.)

It is not possible to recline the unit.

The leg/foot massage section cannot be raised or lowered.

(When the unit beeps, the operation display on the controller goes out and operations stop.)

If the unit encounters an obstacle or if excessive force is exerted on it during operation, in the interests of safety the unit will come to a stop.

When the backrest or the leg/foot massage section has stopped, turn off the power of the unit once, turn "on" the power again after approximately 10 seconds, and then operate the unit.

The massage heads do not come up to the shoulder or neck.

If your head or your back does not contact the backrest, the shoulder position may be detected as lower than the actual position during the shoulder checking operation. Sit on the seat in the deepest position and put your head on the backrest, and then repeat the operations again from the start. (See Pages EN15 and EN16.)

The height of the left and right massage heads is different.

An alternating tapping method is employed, which means that this phenomenon will naturally occur. There is nothing wrong with the unit.

The unit will not operate at all.

- Upper body (neck to lower back) massage
- Calf and sole massage
- The power cord has been disconnected.

- The power switch on the unit has not been turned on.
- A menu selection button or LEG/FOOT button hasn't been pressed after pressing

The heat sections at the sole massage area do not get warm.

- The HEAT button is set to Off.
 - Sense of warmth from the heater sections will differ depending on your body shape, massage area, massage action, clothing, and ambient temperature.

You can feel warmer by laying a lap blanket, etc.

The heat sections at the sole massage area do not cool down even after the "Heat" setting is turned off.

Because of the structure of the heater, the heat section will feel warm for a while after heating due to the residual heat.
The temperature you feel may rise when you massage the same area for a long time even if the "Heat" setting is set to Off.

The heater section does not turn "on" although the HEAT button has been pressed.

• If neither the upper body massage nor the leg/foot massage is operating, HEAT cannot be used alone.

(See page EN21.)

(See Page EN12.)

Sometimes the power won't turn on when on is pressed again when a massage has finished.

Approximately 5 seconds are required for program termination after a massage finishes. Wait at least 5 seconds once all movement has stopped before pressing .

The unit has been damaged.

Stop using the unit immediately.

The power cord or power plug is abnormally hot.

Stop using the unit immediately.

Error display

Error display		Contents
F:: F:2		Operation is terminated because there is a problem with internal communication.
FOY FOS FOS FOS	•	Operation is terminated because there is a problem with the leg/foot massage section.
F 14 F 33 F 36 F 37 F 80 F 8 1		Operation is terminated because there is a problem with the kneading float mechanism.
F 15 F 16 F34 F35		Operation except for the massage mechanism is terminated because there is a problem with the reclining mechanism or the raise/lowering mechanism of the leg/foot massage section.
	•	To be safe, if someone cannot be confirmed to be seated, operations will stop. If an error occurs although someone is seated, after pressing , have the person reseat themselves deep against the backrest and restart the operation.

* Please contact an authorized service center. (Check the guarantee for the phone number to the service center.)
Service and maintenance will be carried out smoother if the error number is communicated when contacting.

WARNING

- Never attempt to remodel the unit. Also, do not attempt to disassemble or repair the unit yourself. Doing so may result in fire, abnormal operation or injury.
- If the unit does not work or if an abnormality is felt, stop using it immediately, unplug the unit and request an inspection/repair.

 $\dot{\mbox{\sc Failure}}$ to observe this may result in electric shock or fire.

重要安全事項(必須遵守)

下文列舉的是使用中為防止人身、財產損害而必須嚴格遵守的安全事項。

■所有安全事項是根據因錯誤使用而導致危害或損害的程度予以說明。

可能造成重傷或死亡後果的事項內容。

注意

可能造成輕傷或財產損害的事項內容。

■請注意各安全事項前的符號。(下文為符號範例)



絕對禁止事項。



必須執行事項。

♪ 警告

● 下列人員請勿使用本機。

被醫生禁止按摩的人(例:患有血栓、重度動脈瘤、急性靜脈瘤、各種皮膚炎或皮膚感染症[包括罹患皮 下組織炎]的人等)

不遵守本事項,可能會導致病情惡化。

- 兒童禁止使用本機。此外,請勿讓兒童在本機上玩耍,或者攀爬到小腿・腳部按摩部、座面、靠背或扶手上。
- 請勿攀爬靠背或扶手。
- 請勿讓無法表達自己意思的人或沒有能力操作本機的人使用本機。
- 按摩頸部時,請注意按摩輪的動向,請勿按摩前頸,並避免用力按摩頸部。 不遵守以上事項,可能會引起事故或造成傷害。



● 請勿損壞電源線及電源插頭。

(請避免此類行為:損傷、加工、強行彎曲、扭轉、拉長電源線及電源插頭,或將電源線及電源插頭靠近發 熱器,或在電源線及電源插頭上繫重物、或任意捆綁。)

使用破損的電源線或電源插頭,可能引起觸電、短路或引發火警。請到購買本機的商店或指定的維修中 心諮詢修理電源線或電源插頭的方法。

● 請勿長時間使用腳部溫熱按摩。

不遵守本事項,有導致低溫燙傷的危險。

- ※ 即使溫度相對較低(40 $^{\circ}$ C $^{\circ}$ C $^{\circ}$),長時間接觸某一處皮膚後,雖然沒有明顯燙或痛的感覺,仍有可能 導致低溫燙傷。
- 請勿損壞腳部溫熱部(加熱器)。(請參閱第 TC6 頁)
 - 請勿以大頭針或針頭刺入腳部溫熱部。
 - 請勿以刀刮開腳部溫熱部。

如內置加熱器破損,可能導致火警或引起觸電。



禁止濕手碰觸

● 請勿用沾濕的手插、拔電源插頭。 不遵守本事項,可能引起觸電。



● 請勿擅自改造本機。請勿自行分解或修理本機。 不遵守本事項,可能引起火警、機體運行異常或造成傷害。



● 正在接受治療或有下列症狀的人,在使用本機前應諮詢醫生。

必須遵守

(3)心臟病患

電子醫療器械的人 (2)惡性腫瘤患者

(1)佩戴起搏器或其他易受電子干擾的體內植入型

- (4)經證實喪失辨別溫度能力的人
- (5)孕婦或剛完成分娩的婦女
- (6)因糖尿病等高度末梢循環障礙而引發知覺障礙
- (7)骨質疏鬆症患者、脊椎骨折病人、患有扭傷或 肌肉拉傷等急性疼痛性疾病的人
- 不遵守此事項,或會發生事故或造成身體不適。

- (8) 按摩部位受傷的人
 - (9) 體溫 38℃ 以上(有發燒症狀)的人 (例:急性發炎症狀[如倦怠感、畏寒、血壓變動等] 強烈時、身體虛弱時)
- (10) 必須靜養或身體顯著不適的人
- (11) 脊椎異常或脊椎彎曲的人
- (12) 患有椎間盤突出症的人
- (13)除上述之外,身體有特別不適的人

♠ 警告

- 使用中感到身體異常、或使用後覺得沒有效果時,請立即停止使用,並諮詢醫生。不遵守此事項,或會發生事故或造成身體不適。

不遵守此事項,或會發生事故或造成傷害。

- 在使用中請勿將手、手臂、腳塞入靠背覆蓋在按摩輪活動範圍上的面料。
- 在使用本機前,一定要掀開枕、腰靠,以確認靠背覆蓋在按摩輪的活動範圍上的面料是否破損。同時確認其 他部位面料是否破損。

(無論發現多麼細微的損傷,都請立刻停止使用,拔下電源插頭,並送修本機。) 在面料破損的情況下使用本機,可能引發受傷或觸電的危險。



必須遵守

- 使用最初,請選擇輕度按摩的「RELAX」(舒展放鬆)程式。
- 每次按摩請控制在 15 分鐘內。
- 請將對身體同一部位的按摩控制在 5 分鐘內。 不遵守本事項,可能引起反效果或引發受傷的危險。
- 每次使用完畢,應將電源開關滑到「off」(關閉)位置,並將安全鎖開關撥到「lock」(鎖定)位置。取走安全鎖開關鑰匙後,拔掉電源插頭。

不遵守本事項,可能因兒童頑皮引發事故或造成傷害。

- 請嚴格遵守插座和配線器具的使用規定。
- 請使用 220 V 交流電。 (請勿在國外使用本機,或擅自連接變壓器。) 不遵守本事項,可能引發觸電、機體故障或因過熱導致火警。
- 請務必將電源插頭插到底,使其確實地插入插座中。不遵守本事項,可能引發觸電或因過熱導致火警。
- ■請定期清理電源插頭上的灰塵等髒污。不遵守本事項,可能因濕氣等原因引發絕緣不良,從而導致火警。(請用乾燥的抹布擦拭電源插頭。)

注意

- **請勿和其他治療器械同時使用**。 否則,可能造成事故或引起身體不適。
- 請勿讓兒童使用遙控器托架的固定螺絲。
 不遵守本事項,可能因兒童誤食或頑皮引發事故或造成傷害。
- 請勿將頭部、腹部或皮膚緊貼按摩輪。此外,請勿將手或腳伸入按摩輪之間。
- 請勿將膝蓋夾在小腿和腳部按摩部之間。
- 勿在使用本機時入睡。此外,飲酒後請勿使用本機。 否則,可能導致事故或造成傷害。
- 請勿將手或腳伸入本機與小腿·腳部按摩部之間。
- 按摩中,請勿突然拔出電源插頭,或突然關閉電源開關。否則,可能造成傷害。



- ◆未完全收起小腿・腳部按摩部時,請勿站立在其上。本機若傾斜,可能引發事故或造成傷害。小腿・腳部按摩部若碰撞地面,可能損壞地板。
- 勿將頭、手臂或手等探入小腿·腳部按摩部各部件之間。 為了保證安全使用,在使用結束後,務必將小腿·腳部按摩部降低並調回最初位置。 否則,可能造成傷害。
- 請勿在已安裝好的狀態下拖動或推動本機。 否則,可能損壞地板。
- 請勿在有人入座時移動本機。否則,可能因機身翻倒引發事故或造成傷害。
- 移動本機時,請勿握住小腿・腳部按摩部塑膠部分以外的部分。 (請參閱第 TC10 頁) 該區域在移動中可能會發生滑動並造成傷害。
- 請勿在電熱毯等加熱設備上使用本機。 否則,可能引起火警。

⚠ 注意

- 下列人員即使目前身體健康,也請諮詢醫生意見後再使用本機。
- (1) 因年齡增長而導致肌肉萎縮的人或身體瘦弱的人 (2) 因骨頭或內臟問題而感覺腰痛的人
- (4) 暈車、船或其他交通工具時,反應異常激烈的人 (3) 容易扭傷或容易瘀傷的人
- (5) 過去曾被施予心臟手術或其他內臟手術的人

不遵守本事項,可能有損自身健康。

- 就坐前,請先確認本機各個部件之間沒有異物。 (確認靠背、座面、小腿・腳部按摩部、靠枕、腰部襯墊內側沒有夾雜異物。) 不遵守本事項,可能因手、腳或其他物件被本機夾住,而引發事故、造成傷害或機體故障。
- 頭部佩戴任何硬質飾物(如髮夾等)時請勿使用本機。
- 如果褲子口袋放有硬質物品,請取出後按摩(按摩前如發現褲袋中有硬質物品請先取出) 不遵守本事項,可能有受傷的危險。
- 就坐前,確認按摩輪處在收納位置。
- 按摩途中若想離開座位,必須先停止按摩椅運作,再離開座位。 不遵守本事項,可能引發事故或造成傷害。
- 請勿扯電源線試圖拔出電源插頭,一定要握住插頭本身將其拔出。 不遵守本事項,可能引發觸電或短路。



必須遵守

- 為保證安全,請將本機接地插頭連接至形狀匹配的插座。 不遵守本事項,可能引發機體故障,或在漏電時發生觸電。
- 移動本機前,必須把小腿・腳部按摩部的角度調節回最初位置。 不遵守本事項,可能造成傷害。
- 將安全鎖鑰匙保管在兒童無法觸及的地方。 不遵守本事項,可能因兒童誤食或頑皮引發事故或造成傷害。
- 使用滑輪移動本機前,須先清空周圍障礙物。將靠背調至最高位置後,抬起小腿·腳部按摩部及座面到略 低於腰的位置,慢慢移動。(請參閱第 TC11 頁) 不遵守本事項,可能因機身翻倒引發事故或造成傷害。
- 須將本機放置在水平面上使用。

不遵守本事項,可能因機身翻倒引發事故。

- 使用中不能動彈或發覺機體異常時,請立即停止使用,拔出電源插頭,將本機送交指定維修中心檢查修理。 不遵守本事項,可能引發觸電或火警。
- 因使用本機而產生出疹、紅腫、發癢等症狀時,請立即停止使用,並諮詢醫生意見。 不遵守本事項,可能引發事故或導致身體不適。
- 閒置一段時間後使用本機,請先重新閱讀一遍產品使用說明書,並確認機體運作正常後,才開始使用。 不遵守本事項,可能引發事故或造成傷害。
- 如果使用滑輪移動本機,請事先鋪上護墊等物品。 不遵守本事項,可能會損傷地板。



禁止在有水的 地方使用

● 請勿在浴室或其他潮濕的地方使用本機。 否則,可能引發觸電或機體故障。



禁止沾濕

● 請勿將水滴等物質撒在本機或遙控器上。 否則,可能引發觸電、短路或引起機體故障。



● 清洗及保養本機或更換襯墊前,必須先從插座上拔出電源插頭。 否則,可能引發觸電或造成傷害。



拔出電源插頭

● 停電時立刻拔出電源插頭。

否則,在電力恢復時,可能引發事故或造成傷害。

● 不用時,一定要從插座上拔出電源插頭。

否則,容易因灰塵或濕氣導致絕緣效能降低,從而引發漏電或火警。

TC4

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▋接地說明

本機必須接地。如果本機發生功能失常,接地將為電流提供阻力最小的通道,以減少觸電危險。

本機裝備了具有設備接地導線和接地插頭的電源線。必須將該插頭插入已完全依照當地代碼和法令進行正確安裝和接地的、合適的插座。

注意

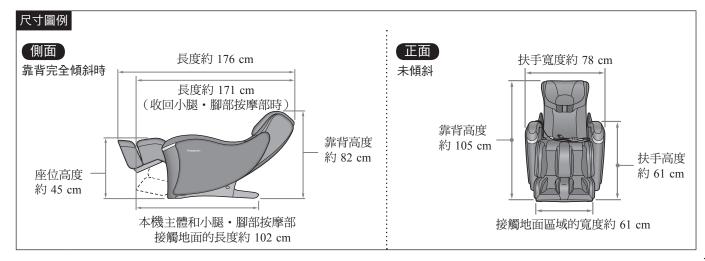
若設備接地導線的連接不當,則會導致觸電危險。如果您對本機的接地是否正確存有疑問,請委託專業電工進行檢查。即使本機附帶的插頭與插座不配,也不能對其進行改造。請委託專業電工安裝合適的插座。

本機具有接地插頭。請確認本機連接至具有與插頭形狀匹配的插座。本機不能使用轉接插座。

規格

電源:	AC 220 V 50 Hz
消耗電力:	139 W
上半身按摩	
可按摩範圍(上下方向):	約 64 cm(按摩輪移動的總距離約為 58 cm)
可按摩範圍(左右方向):	在使用本機過程中按摩輪間的間距
	頸部、肩部、背部、腰部:約 4 cm ~ 15 cm
可按摩範圍(前後方向):	按摩輪的突出量
	約 6 cm
按摩速度:	捶拍:約285個循環/分鐘~495個循環/分鐘(一側)
	揉按:約7個循環/分鐘~25個循環/分鐘
	移動速度:約 2 cm/s ~ 4.5 cm/s
按摩間距:	與可按摩範圍(左右方向)相同
氣囊按摩:	
氣壓:	3: 約 32 kPa
	2: 約 28 kPa
	1: 約 20 kPa
自動關閉:	約 15 分鐘後自動關閉
尺寸(高×寬×長):	
未傾斜時:	約 105 cm×78 cm×150 cm
傾斜時	約 82 cm×78 cm×176 cm
重量:	約 63 kg
包裝箱尺寸(高×寬×長):	約 81 (H)×78.4 (W)×179 (D)
重量(含包裝箱):	約 82 kg
用戶最大體重:	約 120 kg

對於體重 100 kg 或以上的人士,機器運作時可能產生更大的雜訊,而且面料外罩可能磨損得更快。

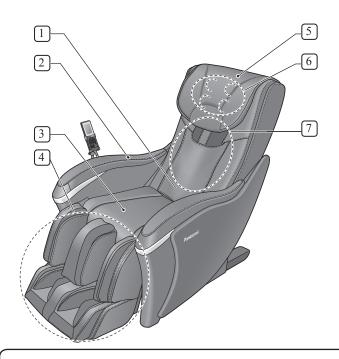


各部位名稱和功能

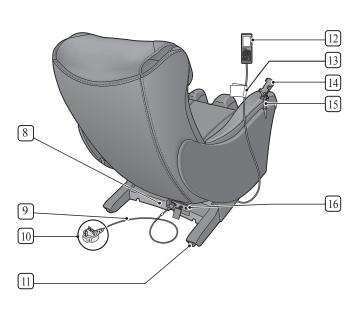
主體

正面

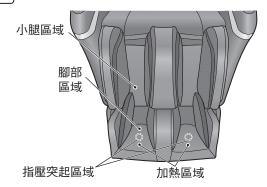
繁體中文



背面



- 1 腰部襯墊
- 2 扶手
- 3 座面
- 4 小腿·腳部按摩部



- 5 靠枕
- 6 按摩輪的收納位置
- 7 靠背

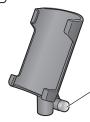


按摩輪 =

按摩輪浮動機構的嵌入式按摩 功能

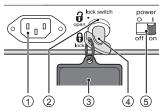
- 8 規格標籤
- 9 電源線
 - •線長:約1.8 m

- [10]電源插頭
- [11]滑輪
- [12] 遙控器
- [13]安全警示標籤
- [14]遙控器托架



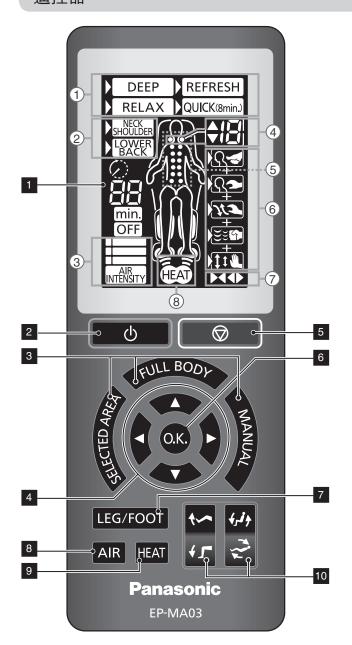
遙控器托架固定螺絲

- 15 遙控器支架
- [16] 電源開關部分
 - •請參閱第 TC12 頁。
 - •出廠前安全鎖開關設定為「open」(開鎖),電源開關設 定為「on」(開啟)。



- ① 設備電源輸入插口
- ② 安全鎖開關
- ③ 安全鎖鑰匙標籤
 - 以防兒童意外吞咽。
- ④ 安全鎖鑰匙
- ⑤ 電源開關

遙控器



液晶顯示屏

- ①「FULL BODY」(自動程式)程式顯示
 - •選擇程式時: 當前選中程式前的 ▶ 標記會閃爍。
 - •按摩時:
 - 按摩時、 顯示當前程式。
- ②「SELECTED AREA」(部位集中)程式顯示
 - •選擇程式時: 當前選中程式前的 ▶ 標記會閃爍。
 - 按摩時、 顯示當前程式。
- ③ 小腿·腳部氣囊按摩強度顯示
 - 使用三個級別顯示當前小腿 · 腳部按摩的強度。
- 4 肩部位置顯示
 - 肩部位置調整模式時閃爍(約15秒)。
 - •運行「FULL BODY」(自動程式)和「SELECTED AREA」(部位集中)程式時,常亮以顯示肩部位置。
- (5) 按摩輪位置顯示
 - 顯示按摩輪當前的大約位置。
- ⑥ 按摩手法顯示(請參閱第 TC19 頁)
- ⑦ 按摩輪間距
 - MANUA 僅對可以進行間距調整的操作進行調整。按 摩過程中顯示當前間距。■ 較窄 / ◆ 較寬
- ⑧ 溫熱操作顯示
 - •顯示腳部溫熱的關/開狀態。
 - 如果超過了設置的溫度,溫度操作顯示屏上的雙線就會 從閃爍變為常亮。

1 液晶顯示屏

•該圖例為所有指示燈全部常亮時的圖例。

- 2 關/開按鈕
 - 開啟或關閉電源時使用的按鈕。
- 3 功能表選擇按鈕
- 4 上 / 下 (▲ / ▼) 一 調整按鈕 左 / 右 (◀ / ►) 一 調整按鈕
- 5 緊急停止按鈕
 - •需要立即停止按摩時,可按下該按鈕。
- 6 確認按鈕
- 7 小腿 腳部按摩關 / 開按鈕
 - •開關小腿 腳部按摩。

(請參閱第 TC21 頁)

- 8 小腿・腳部氣囊強度按鈕
- 9 腳部溫熱關/開按鈕
- 10 傾斜角度調整按鈕

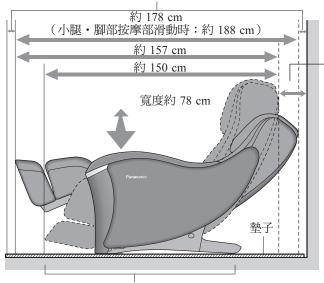
小腿・腳部按摩部角度調整按鈕

置按摩椅

使用前(安裝位置)

在將按摩椅取出包裝箱之前,應先確定其安裝位置。 確保有足夠空間可以對本機電源開關部分進行操作。(本機後面、兩側要保留約 10 cm 的空間。)

> 請與牆保持 3 cm 以上的距離。 (靠背完全傾斜時)



10 cm 以上 (靠背完全立起時)

本機主體和小腿 · 腳部按摩部 接觸地面的長度約 102 cm

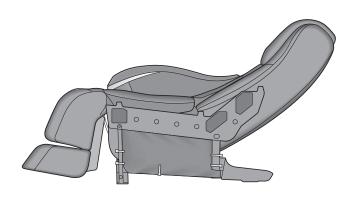
- 請勿將按摩椅暴露于陽光直射或高溫環境下(如,加熱設備前),因為這樣可能導致按摩椅合成皮革褪色或硬化。安裝本機時,應確保主體的後背不會接觸牆壁或其他任何物體。(否則,可能會導致損壞,如背部變形。)
- 為避免地板損傷,請在本機下鋪上墊子。平鋪墊子時,墊子的大小應足以蓋住本機接觸地板的範圍與小腿·腳部按摩部接觸 地板的範圍(至少 63 cm × 104 cm),如圖所示。
- 安裝本機時應靠近電源插座。

1. 打開包裝箱,取出主體和所有配件

確認包裝箱內含有主體和各個配件。

主體

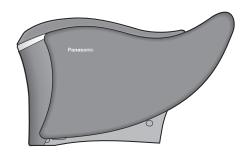
*圖例所示為從包裝箱中取出時的狀態



(靠背完全傾斜時)

配件

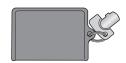
肘部件(左)



遙控器托架

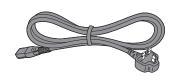


安全鎖鑰匙(1枚)



出廠前,安全鎖鑰匙插在電源 開關部分的安全鎖開關內。

電源線



六角扳手(1枚)



附件螺絲

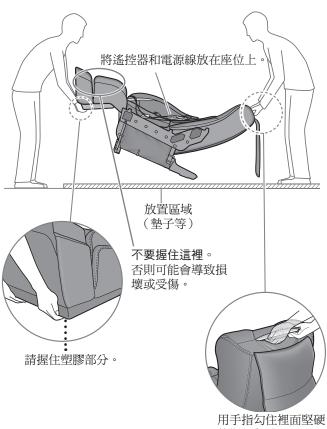
(M6×19)黑 (2枚)

2. 移動並安裝本體

- •由於本機較重(約63 kg),因此搬運時請小心,以免造成背部拉傷。(本機必須由兩人或多人搬運。)
- •緩慢地放下本機,小心腳部被壓傷。

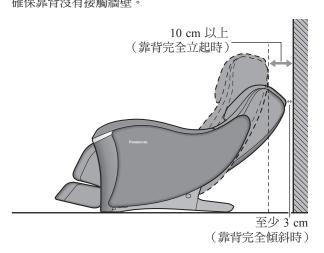
抬起本機進行安裝和設置

•如果不正確握持本機,可能會摔落本機損壞地板。



的塑膠部分。

安裝本機時靠背應遠離牆壁。 確保靠背沒有接觸牆壁。



組裝

將肘部件裝入本體

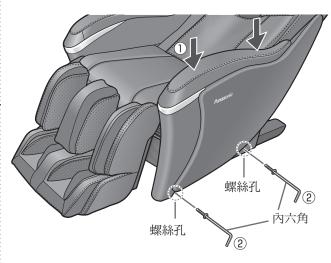
- ① 肘部件與本體 3 點配合插入
- ② 從上至下壓入



用螺絲固定

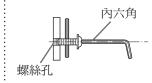
(前後各一處)

- ① 固定螺絲插入螺絲孔和本體側的螺絲孔重合將肘部件向下
- ② 將固定螺絲固定在內六角板手的邊緣將其固定。



※ 從這裏先固定

螺絲固定方法

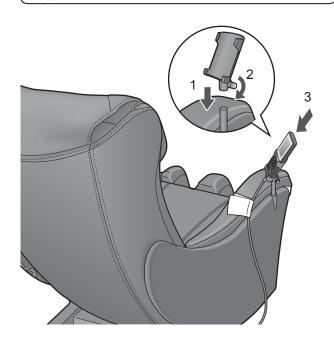


- 水平對準空洞并緊固
- 如果螺絲插入螺絲孔位 置不當,使用六角扳手 緊固螺絲可能導致螺絲 毀壞

安裝遙控器托架,然後將遙控器放入托架 中。

- 1 將遙控器托架插入遙控器支架中,直至其嵌入到位。
- 2 使用遙控器托架固定螺絲進行固定
- 3 將遙控器放入遙控器托架中。

● 請勿讓兒童使用遙控器托架的固定螺絲。 不遵守本事項,可能因兒童誤食或頑皮引發事故或造成 傷害。



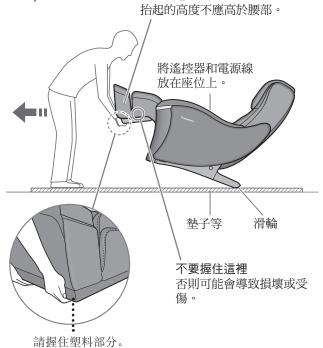
使用滑輪移動本機

執行第 TC12 頁上的步驟 1~5 後:



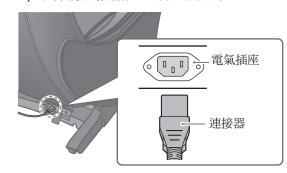
將靠背返回至其原始位置

2) 將電源開關滑到「off」(關閉)位置,拔下本機插頭。

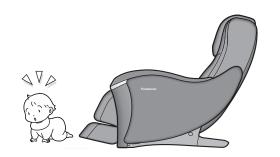


連接本機電源線

- 1) 檢查電源開關部分的電氣插座和電源線 連接器上是否有灰塵或損壞。
- 2) 將連接器插入電氣插座中。
- 3) 確保將連接器完全插入插座中。



每次按摩之前 (檢查設備

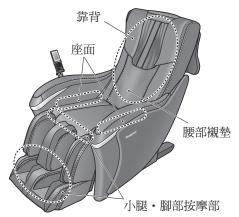


1 檢查周圍。

確定本機周圍沒有人、寵物及其他物體。



2 向上翻起枕頭。

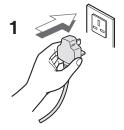


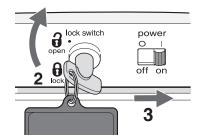
3 確保本機縫隙間沒有異物。



4 檢查電源線和電源插頭。

- ●請定期清理電源插頭上的灰塵等髒污。不遵守本事項,可能因濕氣等原因引發絕緣不良,從而導致火警。(請用乾燥的抹布擦拭電源插頭。)
- 請勿損壞電源線及電源插頭。 請勿損壞電源線及電源插頭。 請避免此類行為:損傷、加工、強行彎曲、扭轉、拉長 電源線及電源插頭,或將電源線及電源插頭靠近發熱器 或在電源線及電源插頭上繁重物、或任意捆綁。) 使用破損的電源線或電源插頭,可能引起觸電、短路或 引發火警。請到購買本機的商店或指定的維修中心諮詢 修理電源線或電源插頭的方法。



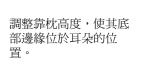


5接通電源。

- 請務必將電源插頭插到底,使其確實地插入插座中。不遵守本事項,可能因濕氣等原因引發絕緣不良,從而導致火警。(請用乾燥的抹布擦拭電源插頭。)
- 請嚴格遵守插座和配線器具的使用規定。
- 請使用 220 V 交流電。 (請勿在國外使用本機,或擅自連接變壓器。) 不遵守本事項,可能引發觸電、機體故障或因過熱導致火警
- 請勿用沾濕的手插、拔電源插頭。 不遵守本事項,可能引起觸電。
 - 1 將電源插頭插入電源插座。
- 2 將安全鎖鑰匙撥到「open」(開鎖)的位置。 3 將電源開關滑到「on」(開啟)的位置。 *插入電源插頭並開啟電源後,遙控器的顯示屏可能立刻就會亮起。



腰部襯墊 檢查





6 確認按摩輪處於收納位置。

按摩輪不處於收納位置時

•按下 按鈕兩次,將按摩輪返回至收納位置。

7 檢查本體上按摩輪的移動部位是否有裂

• 翻起靠枕和腰部襯墊,檢查按摩輪可行走部分的靠背面料是否 破損。

● 在使用本機前,一定要掀開靠枕和腰部襯墊,以檢查 按摩輪可行走部分的面料是否破損。同時確認其他部位面料是否破損。 (無論發現多麼細小的破損,都請立刻停止使用,拔掉 電源插頭,並將本機送修。) 在面料破損的情況下使用本機,可能引發受傷或觸電

8 坐下並調整靠枕。

調整遙控器支架。

•可左右進行調節。

9 選擇按摩功能表。

(請參閱第 TC14 頁)

10 根據需要調整傾斜的角度。

選擇功能表並開始按摩



- 使用最初,請選擇輕度按摩的「RELAX」(舒展放鬆)程式。
- 每次按摩請控制在 15 分鐘內。
- 請將對身體同一部位的按摩控制在5分鐘內。不遵守本事項,可能引起反效果或引發受傷的危險。
- 使用 15 分鐘後,推薦休息 10 分鐘。
- 每天最多使用產品兩次,最長 30 分鐘。

டு 按鈕,開啟電源。

(開啟電源後 3 分鐘內,如果未選擇功能表或未開始進行小腿·腳部按摩,電源將 會自動關閉。)

2 從「FULL BODY」(自動程式)、「SELECTED AREA」 (部位集中)和「MANUAL」(隨心選擇)三個程式中選 擇一個。



自動程式

(請參閱第 TC15 頁)

有四個程式可供選擇,可對肩部至腰部進行自動放鬆。

· 會同時開始小腿 · 腳部 (溫熱/氣囊) 按摩。



部位集中程式

(請參閱第 TC18 頁)

可以選擇「肩頸」或「腰部」。 · 會同時開始小腿 · 腳部按摩。



隨心選擇

(請參閱第 TC19 頁)

可以選擇您喜歡的手法按摩想要的部位。

您還可以單獨開啟小腿・腳部(溫熱/氣囊)按摩

想要開啟小腿・腿部按摩時,

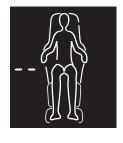
按下 LEG/FOOT 按鈕

(請參閱第 TC21 頁的步驟 2)

如果關閉了主體的電源或拔掉了電源插頭, 下次使用時按摩輪會自動移動。

按摩輪移動時,會出 現右側顯示。這並非 故障。

按摩輪移動一段時間 後,可以正常使用本 機。



■使用「FULL BODY」(自動程式)按摩

[程式選擇模式]



按下 按鈕進入程式選擇模式,然後選擇自動程式中的按摩程式。

(進入程式選擇模式後,三分鐘內如果未執行任何操作,電源會自動關閉。)

1 按下 ▲▼ ◀▶ 選擇程式。

從「DEEP」(緩和酸痛)、「RELAX」(舒展放鬆)、「REFRESH」(活力暢快)和「QUICK (8min.)」(8分鐘速按)中進行選擇。





閃爍的箭頭會指向當前所選的程式。

不論選擇哪個程式,小腿 · 腳部按摩會同時啟動。

「FULL BODY」(自動程式)的程式特性

DEEP(緩和酸痛)

肩頸酸痛、腰部疲勞特別嚴重時,想要享受充分的全身按摩時可選。通過按摩輪向內揉按、向外揉按、頸椎揉按、頸椎推拿、捶拍等按摩手法,對自肩頸到腰部的區域進行充分有效的拉伸和揉按

RELAX(舒展放鬆)

當想針對肩頸部酸痛和全身疲勞進行 輕柔的放鬆按摩時選擇,通過揉按手 法和背部拉伸手法,以慢慢地放鬆全 身。

REFRESH(活力暢快)

想要輕柔快速地緩和肩頸、腰部的酸 痛時可選。以捶拍手法為中心,迅速 而舒適地放鬆身體。這是一款能在按 摩後讓人感覺神清氣爽的程式。

QUICK(8min.)(8 分鐘速按)

當想在短暫的休息時間進行一次快速的壓力放鬆按摩時選擇,按摩椅會在「DEEP」(緩和酸痛)程式的基礎上用簡短的八分鐘程式集中按摩和放鬆身體容易感到僵硬和疲勞的區域。

2 選擇程式,然後按下 OK. 按鈕。

1本機會自動傾斜至正確的按摩位置。

如果按摩椅傾斜的角度超過 了按摩位置的角度,按摩椅 不會自動返回正確的位置。

將按摩輪從其上部收納位置 降低。

2 將頭部和肩部靠在靠背上。



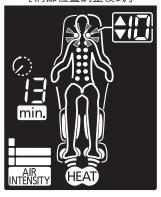
按摩輪會慢慢向上移動,此 時設備會發出一聲「嗶嗶」 聲。

3 按摩輪升至與身體沒有接觸的時候會停止。



4 聽到兩聲「嗶嗶」聲,並看到液晶屏上 ∰ ₡ 標誌閃爍後,可 自行調整按摩輪至最佳肩部位置。

[肩部位置調整模式]

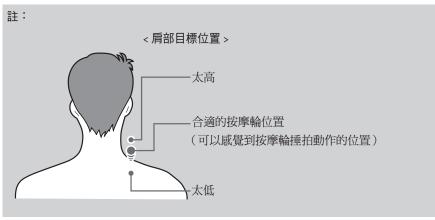


< 如何調整 >

按下 ▲ ▼ 調整位置。

(每按一下,按摩輪移動約 1.5 cm。)

- 5 肩部位置匹配后,按下 O.K. 按鈕,開始程式。
 - ·如果未按下 O.K. 按鈕,程式會在 15 秒後自動運行。



- 固定肩部位置後,根據人體高度與實際高度的差距,小腿·腳部按摩部可能
 - (以確保當同時使用小腿・腳部(溫熱/氣囊)按摩時,雙腳能力接觸腳底 按摩區域。)
- 按摩運行中可隨時調整肩部位置。 (進行「MANUAL」(隨心選擇)按摩時不可調整。)

必須將頭部和肩部靠在靠背上後開始按摩。

• 在肩部位置確認前,請勿讓頭部和肩部離開靠背。 如果無法正常確定肩部位置,會顯示錯誤消息(U10) 並會結束操作。(請參閱第 TC29 頁)



自訂設定

● 當關閉小腿・腳部(溫熱/氣囊)按摩時 按下 LEG/FOOT 按鈕。

(請參閱第TC21頁)

● 要調整小腿·腳部(氣囊)按摩的強度時 按下 AIR 按鈕。

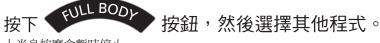
(請參閱第TC21頁)

● 當僅關閉加熱功能時 按下 HEAT 按鈕。

(請參閱第TC21頁)

更改按摩內容

● 要從「FULL BODY」(自動程式)按摩中選擇其他程式時



上半身按摩會暫時停止。

(請參閱第TC15頁)

● 要更改為「SELECTED AREA」(部位集中)按摩時



上半身按摩會暫時停止。

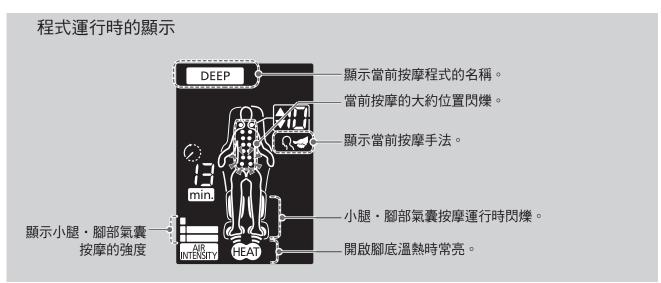
(請參閱第TC18頁)

● 要更改為「MANUAL」(隨心選擇)按摩時



上半身按摩和腳部按摩會暫時停止。

(請參閱第TC19頁)



▋使用「SELECTED AREA」(部位集中) 按摩

[程式選擇模式]



按下 按鈕進入程式選擇模式,然後選擇部 位集中下的按摩程式。

(進入程式選擇模式後,三分鐘內如果未執行任何操作,電源會自動關閉。)

1 按下 ▲ ▼ 選擇程式。

選擇「NECK SHOULDER」(肩頸)或「LOWER BACK」(腰部)。





閃爍的箭頭會指向當前所選的程式。

不論選擇哪個程式,小腿·腳部按摩會同時啟動。

2 選擇程式,然後按下 〇.К. 按鈕。

本機會自動傾斜至正確的按摩位置。

(請參閱第 TC15 頁)

自訂設定

- 當關閉小腿・腳部(溫熱/氣囊)按摩時 按下 LEG/FOOT 按鈕。
- 要調整小腿·腳部(氣囊)按摩的強度時 按下 AIR 按鈕。
- 當僅關閉加熱功能時 按下 HEAT 按鈕。

(請參閱第 TC21 頁)

更改按摩內容

●要從「SELECTED AREA」(部位集中)按摩中選 擇其他程式時

按下 安ECTED AREA 按鈕,然後選擇其他程式。 上半身按摩會暫時停止

●要更改為「FULL BODY」(自動程式)按摩時

按下 按鈕, 然後選擇其他程式。

(請參閱第 TC15 頁)

●要更改為「MANUAL」(隨心選擇)按摩時



上半身按摩和腳部按摩會暫時停止

(請參閱第 TC19 頁)

■使用「MANUAL」(隨心選擇)按摩

⚠ 警告

● 請將對身體同一部位的按摩控制在 5 分鐘內。 不遵守本事項,可能引起反效果或引發受傷的危險。

按下 MANUAL

按鈕將切換為選擇喜歡的按摩手法的模式。

(三分鐘內如果未執行任何操作,電源會自動關閉。)

基本按摩(僅選擇一個按摩手法使用時)

1 使用 ▲ ▼ 按鈕選擇按摩類別。

從「頸椎推拿」、「頸椎揉按」、「揉按」、「捶拍」和「拉伸」中選擇按摩類別。





※▶在選擇的種類旁閃爍。

2 使用◀▶按鈕選擇按摩手法 ◎

* 選擇的按摩手法會顯示在方框中。



3 按下 O.K. 按鈕。

本機將自動調整至按摩位置。 按摩將從所選的程式開始。 如果選擇了「頸椎推拿」、「頸椎揉按」或「拉伸」時, 操作開始時會檢查肩部的大約位置。(請參閱第 TC15 頁) (小腿・腳部按摩不會同時開始。)

類別			手法
1	Ω ≤	頸椎推拿	♀ 頸椎推拿
2	२०	頸椎揉按	♀ 頸椎揉按
3	1/3	揉按	兩側按摩輪向內側滾動, 進行揉按
3			兩側按摩輪向外側滾動, 進行揉按
4	E E S	捶拍	₩ 快捶
5	114	拉伸	↑ 🐧 全背拉伸
			↑ 局部拉伸

<註:>

如在未選擇按摩手法的情況下按下 O.K. 按鈕,將選中與按下 ▶ 按鈕 1 次時相同的按摩手法。

選擇操作時,按下 ◀ 按鈕可以反轉選擇的順序。

結合使用多個按摩手法時

(示例)當選擇「揉按(向上揉按)」、「捶拍(快捶)」和「拉伸(局部拉伸)」時

1. 使用▲▼按鈕選擇 按摩類別「揉按」。



- 2. 使用▶按鈕選擇「兩 側按摩輪向外側滾 動,進行揉按」。
- *選擇的按摩手法會顯示在方框中。



- 3. 使用▼按鈕將箭 頭指向「捶拍」 並使用▶按鈕選 擇「快捶」操作。> *選擇的按摩手法 會顯示在方框中
- 3. 使用▼按鈕選擇「拉伸」, 使用▶按鈕選擇 「局部拉伸」。
- *選擇的按摩手法會顯示在方框中。



5. 按下 O.K. 按鈕開始運行程式。

<註:>

使用▲▼按鈕選擇按摩類別,如果按下了▶ 按鈕,會顯示可用的按摩類 別組合。

[示例]

如果選擇了「頸椎推拿」,則可以選擇「捶拍(快捶)」或「捶拍(慢捶)」。



在設定過程中取消選擇的按摩手法時

按下▶按鈕去除選擇手法上的方框。

自訂設定

▶ 需要向上或向下調節按摩輪位置時



按下 ▲ ▼ 按鈕進行調整。

- · 每按一下,按摩輪移動約 1.5 cm。
- 如果按住按鈕,按摩輪會持續移動,直至鬆開 按鈕。



閃爍顯示當前的大約位置。

● 要調整按摩輪間距

只有在「捶拍」和「拉伸」的手法時可用。



按下 ◀▶ 按鈕進行調整。

• 可以調節按摩輪間距。

● 要同時使用小腿・腳部(溫熱/氣囊)按摩時 按下 LEG/FOOT 按鈕。

(請參閱第 TC21 頁上的步驟 2)

更改按摩內容

● 要從「MANUAL」(隨心選擇)中選擇其他手法時

按下 MANUAL

按鈕,然後從按摩類別中選擇其他按摩手法。

(請參閱第TC19頁)

● 要更改為「FULL BODY」(自動程式)按摩時



按鈕,然後選擇程式。

上半身按摩會暫時停止

(請參閱第TC15頁)

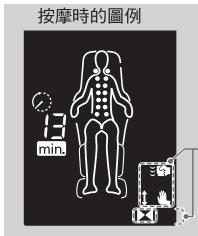
● 要更改為「SELECTED AREA」(部位集中)按摩時



按鈕,然後選擇程式。

上半身按摩會暫時停止。

(請參閱第TC18頁)



顯示當前進行的動作。

「捶拍(慢捶)」和 「拉伸(全背拉伸)」的組合。 按摩輪間距可以調整

使用小腿 · 腳部(溫熱/氣動

如果用戶皮膚比較敏感,請穿上厚襪。

2. 按下 LEG/FOOT 按鈕。

小腿·腳部按摩開始。

- 按摩開始時的強度級別為「2」且加熱功能為「on」(開啟)
- ·未使用上半身的按摩時,即使按下 LEG/FOOT 也不可結束
- 單獨按下 AIR 按鈕,小腿 · 腳部氣囊按摩開始。此時,溫 熱功能並不開啟。
- ・無法單獨使用 HEAT 。
- 調整小腿・腳部按摩的強度

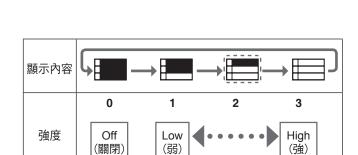




按下 AIR 按鈕,可如右圖調整氣囊強度。

● 關閉「HEAT」(加熱)功能





LEG/FOOT

HEAT

AIR

未使用上半身的按摩選項時,無法通過 AIR 按鈕關閉小腿。 腳部氣囊按摩。

按下 HEAT 按鈕時,可以切換溫熱的「on」(開啟)、「off」 (關閉)狀態。

如果沒有運行 HEAT 功能時,無法單獨使用 HEAT 功能。

小腿·腳部按摩時間

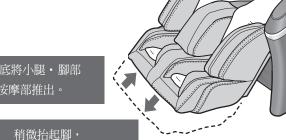
按摩持續時間約為 15 分鐘。 單獨使用小腿·腳部按摩時:

上半身按摩結束時,小腿·腳部按摩也會同時結束。 配合上半身按摩使用時:

對於體形較大的人士

調節足底按摩部分的滑動量,您的膝蓋便不會抬起過高。

用足底將小腿·腳部 按摩部推出。

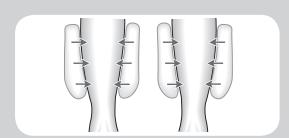


則小腿·腳部按摩部復位。

小腿・腳部(溫熱/氣囊)按摩手法

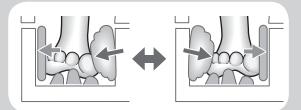
小腿

會同時從兩側擠壓小腿。

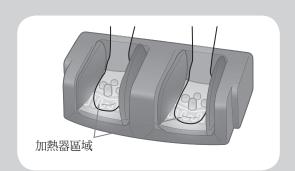


足底

確保將腳底放在指壓突起物上。 會使用指壓突起物按壓腳底。



該操作會溫暖腳底,讓人感到舒適。 在腿上放置一塊毯子等可以感到更加溫暖。



無法單獨使用「HEAT」(溫熱)功能。

結束按摩

計時器功能

按摩開始後約 15 分鐘,按摩將自動結束。

- · 小腿 · 腳部按摩部將自動下降。
- 按摩輪移動到收納位置。
- 靠背不會自動升起。

按兩次 世 按鈕,靠背將升起。

中斷按摩

- · 小腿 · 腳部按摩部自動降低,按摩輪恢復至收納位置。
- 收回按摩輪後,靠背將升起。

如果您發現任何異常

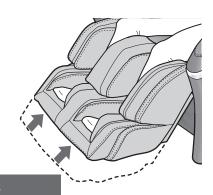
按下 按鈕。

- 所有操作將立即停止。
- 小心走下按摩椅,以防按摩椅翻倒。

縮回小腿・腳部按摩部

警告

● 兒童禁止使用本機。此外,請勿讓兒童在本機上玩耍,或者爬到小腿·腳部按摩部、座面、靠背或扶手上。 不遵守以上事項,可能會引起事故或造成傷害。



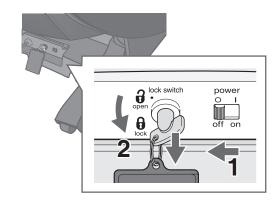
稍微抬起腳,

則小腿·腳部按摩部復位。

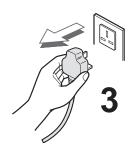
切斷電源

♪ 警告

- 每次使用完後,應將電源開關滑到「off」(關閉)位置,並將安全鎖開關撥到「lock」(鎖定)位置。取走安全鎖鑰匙後,拔掉電源插頭。 不遵守以上事項,可能會引起事故或造成傷害。
- **1** 將電源開關滑到「off」(關閉)位置。
- 2 將安全鎖鑰匙撥到「lock」(鎖定)位置。



- 3 從電源插座上拔下電源插頭。
- 4 安全鎖鑰匙必須存放在兒童無法觸及的地方。



清洗及保養

切勿使用諸如稀釋劑、汽油、酒精等化學品。



合成皮革、塑膠部位

常規清潔及維護

使用柔軟的乾布清潔掉灰塵和輕度髒污。

髒污時

 將軟布浸入水中或含 3% 至 5% 中性洗滌劑的熱水中,然後徹底 擰乾。



2. 清潔表面。

(輕拍清潔座椅面料 部分、合成皮革。)



3. 使用浸過清水且已徹底擰乾的 布料擦掉清潔液。



- 4. 使用擰乾的軟布擦拭。
- 5. 使其自然風乾。 (不要使用吹風機等吹乾表面。)

如果難以去除污漬

在步驟 1 中嘗試以下方法。

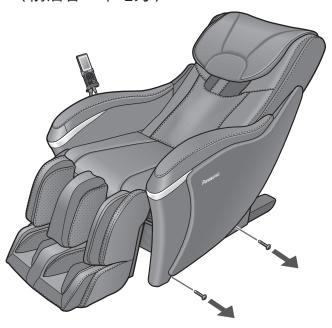
< 對於合成皮革 >

請將在市面上購買的三聚氰胺泡棉浸入中性洗滌劑中,然後 用它擦拭本機。

肘組件的拆卸方法

搬家等需要搬運本體時,無法通過門口的情況下,請拆卸左側的 肘部件

1 取下固定螺絲 (前后各 1 个地方)



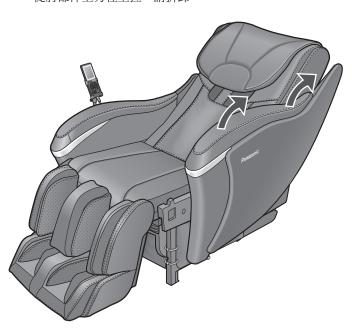
拆卸螺絲的方法



- 內六角扳手 將固定螺絲固定在內六角扳手的 邊緣,然後將其水平對準孔并鬆開
 - 如果螺絲插入螺絲孔位置不當, 使用六角扳手緊固螺絲可能導致螺 絲毀壞

2 肘部件從本體拆卸

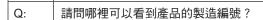
• 從肘部件上方往上拉,請拆卸。



■ 常見問題(Q&A)

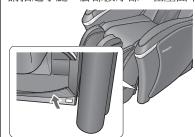
	常見問題(Q&A)					
Q:	因為生病而經常出入醫院的人士可以使用本機嗎?					
A:	經常出入醫院的人士,請在與醫生商量的前提下使用本機。 按摩即所謂「觸壓刺激」,即通過對肌肉進行壓迫,緩解肌肉緊張,促進血液流動。根據不同的病因,按摩有可能造 成病情惡化,因此請務必在和主治醫生商量之後使用本機。(請參閱第 TC2 - TC4 頁上的說明)					
Q:	身高多少的人士適合使用本機?					
A:	根據體型的不同多少會有所差異。請大致參考下文使用本機。 身高低於 150 cm 的身型瘦弱者和身高超過 185 cm 的身型高大者在使用本機時,同時開啟上半身按摩和小腿·腳部按摩後,可能會感到坐姿不適。 * 低身高者採用自動模式可能存在足底按摩不到的現象,可以採取抬高腳摩位置,並保持靠背傾斜角度為最高以改善接按摩效果。					
Q:	按摩時,枕頭的正確使用方法是?					
A: 按摩時,枕頭的正確使用方法:						
	・ 通常情況下,應將枕頭的位置調整到—— 枕頭下端與 耳朵相同高度。					
Q:	按摩中感覺左右兩邊按摩輪的按摩力度有差異是正常現象嗎?					
A:	由於機芯構造,在按摩過程中,確有可能感覺左右按摩輪的力度有差異。 為了能夠模擬出最自然的按摩手法,本機機芯採用了允許左右按摩輪交替捶背的機芯構造。 在按摩過程中,左右按摩輪接觸背部的具體位置可能稍有差異,從而導致了使用者產生左右兩側按摩力度有所不同 的感覺。此時,本機本身並未發生故障。					
Q:	感到背後的按摩輪在進行猶如「彈跳」般的動作,要緊嗎?					
A:	為了讓按摩的感覺更為柔和,本機採用了按摩輪浮動機構技術。根據顧客的體型和坐姿,浮動機構自行微調,出 現按摩輪進行猶如在「彈跳」般的動作,並非故障。					
Q:	根據所選程式的不同,剩餘時間表示內容會有所不同嗎?					
A:	是的,剩餘時間表示的內容會呈現不同。					
	按下 按鈕後,選定按摩程式時,按摩時間同時設定。					
	RULL BOO) 除「QUICK(8min.)」(8分鐘速接)為8分鐘外,其他按摩程式預設按摩時間均為15分鐘。					
	新数按摩時間均為 15 分鐘。					
	MANUAL 預設按摩時間為 15 分鐘。					
	「現成技事時間為 15 分鐘 只使用小腿・腳部按摩時 預設按摩時間為 15 分鐘。與上半身按摩同時使用時,以上半身程式的按摩時間為准。					
	* 在中途變更程式的情況下,由於已經設定過按摩時間,變更後的按摩程式只在剩餘時間顯示部指示的剩餘時間內運行。					
Q:	按摩程式結束後靠背為什麼沒有恢復原狀?					
A:	依照已經設定好的按摩時間自然完成按摩後,為了讓顧客繼續保持放鬆舒適的坐姿,靠背不會豎起。 如果想讓靠背恢復原狀,可按遙控器上的 按鈕兩次,機器即可自動恢復初始狀態。					
Q:	腳底的指壓是否過於用力?					
A:	使用 AIR 將強度調至[1]。 或老路低小限。腳郊按廳郊也可以減程腳底的接顧強度。					
	或者降低小腿・腳部按摩部也可以減弱腳底的指壓強度。					

有點在意按摩椅運作時發出的聲音… A: 按摩椅運作時產生的聲音,一般是基於機芯構造而發出的。 (具體請請參閱第 TC28 頁上的說明) 如果機芯發出的聲音非常大,請將按摩椅帶到直營店或維修中心進行檢測和修理。 Q: 腳部按摩時有噪音是否正常? A: 本機腳部按摩是通過氣囊擠壓的方式進行按摩,機器內部有氣泵元件進行充氣工作,電磁閥元件進行充氣和放氣 工作,有聲音屬於正常。 如果聲音非常大,則按摩椅可能發生故障,此時,請將按摩椅帶到直營店或維修中心進行檢測和修理。 搬家時,有什麼需要特別注意的地方? Q: A: 請注意以下幾點。 • 為了方便搬運,請先將按摩椅靠背傾斜到最低位置。 • 搬運前,請確認沒有人坐在按摩椅上。 1. 按下 按鈕,接入電源。 2. 按下 🚧 按鈕,使靠背呈完全傾斜狀態。 請長按這兩個按鈕,直到聽到「嗶嗶嗶」的提示音。 * 小腿·腳部按摩部收納時,也會發出「嗶嗶嗶」的提示音。 請確認在靠背完全傾斜前,一直按住靠背傾斜按鈕。 3. 通過按下 按鈕切斷電源,拔掉電源插頭。(請參閱第 TC24 頁上的說明) • 在沒有原裝紙箱的情況下,為了防止機體劃傷和搬運中的震動,請妥善使用其他包裝輔材包裹本機。 • 在有原裝紙箱的情況下,請先確認電源線未被纏繞在本機上,將電源線纏好放在座面上;搬運的時候,請注意



電源線沒有掉落且未與地面發生摩擦。 •無法通過門口時請將右側肘組件卸掉。

A: 請抬起小腿·腳部按摩部,在座面下方的座下盒處尋找本機製造編號。



■疑難排解

發現故障後,首先檢查並嘗試以下方法。 如果在嘗試後,故障依然存在,請聯絡服務中心。

問題

▶ 原因和處理方法

雷機雜訊

- 1. 按摩機芯部(上半身)的操作音
- 進行揉按或捶拍等動作時的操作音
- •按摩輪上移或下移時發出聲音
- •按摩機芯大負荷工作時發出咯吱聲
- •馬達、傳送帶回轉時發出的聲音
- 2. 傾斜時的操作音
- 3. 小腿·腳部按摩部的操作音
- 4. 氣囊按摩運作音
 - •充氣泵工作音
 - •排氣音
 - •座椅下電磁閥發出的工作音
- 5. 傾斜動作開始時的震動
- ▶ 使用時,因本機構造而聽到上述聲音或有上述感覺很正常,並非故障。

在本機使用過程中按摩輪停止。

(響起「嗶嗶」聲時,遙控器上的按摩手法燈熄滅,按摩停止。)

▶ 如果在使用本機時對按摩輪用力過大,出於安全考慮,按摩輪可能會停止移動。 如果按摩輪停止,關閉本機電源一次,約 10 秒鐘後再次打「on」(開啟)電源,然後操作本機。 如果按摩輪再次停止,請調整自己的坐姿,不要使背部完全貼在靠背上。

(體重 120 kg 或以上的人士使用本機時請注意。)

無法傾斜本機。

無法升高或降低小腿·腳部按摩部。

(響起「嗶嗶」聲時,遙控器上的按摩手法燈熄滅,按摩停止。)

按摩輪沒有達到肩部或頸部的位置。

▶ 肩部位置檢測過程中,如果頭部沒有接觸到靠枕,或背部沒有接觸到靠背,檢測到的肩部位置可能低於實際位置,將頭部靠在靠枕上,然後從頭開始重新操作。 (請參閱第 TC15 和 TC16 頁)

左右按摩輪的高度(強度)不同。

▶ 因為搭載了可進行按摩輪交互捶拍動作的按摩機芯,此乃正常現象,並非機體故障。

(請參閱第 TC26 頁)

本機根本無法運行。

- 上半身(頸部至腰部)按摩
- 小腿和腳部按摩
- •電源線連接已斷開。
 - 沒有打開本機電源開關。

足底沒有溫熱感。

- ▶ · HEAT 按鈕被設為關。
 - ·溫熱感因使用者的體形、按摩動作、衣物和環境溫度而異。在腿上放置一塊毯子等可以感到更加溫暖。

即使關閉了小腿・腳部按摩的溫熱功能,溫熱部仍不冷卻。

- •由於加熱器的結構,加熱後片刻依然會因為餘熱而感到溫暖。
 - 即使關閉了小腿 · 腳部按摩的溫熱功能,但如果對同一部位長時間按摩,您也可能會感覺特別溫暖。

即使按下了 HEAT 按鈕,加熱器也不發熱。

◆如果上半身按摩或小腿・腳部按摩都沒有啟動,HEAT 功能無法單獨使用。

(請參閱第 TC21 頁)

有時候在按摩結束後再次按 按鈕時,電源無法打開。

▶ 按摩結束後大約需要 5 秒鐘程式才終止。當所有機器運作均已停止後至少等待 5 秒鐘,然後再按 [_____]。

本機已受損

▶ 立即停止使用本機。

電源線或電源插頭異常熱。

▶ 立即停止使用本機。

故障顯示

故障顯示		內容	
F:: F:2		內部通信出現問題,運作終止。	
FOY FOS FOS FOS		小腿・腳部接摩出現異常・運作終止。	
F 14 F33 F36 F37 F80 F8 1		上半身按摩輪浮動機構內部出現異常,運作終止。	
F 15 F 15 F34 F35		傾斜裝置或小腿·腳部按摩部的上下裝置出現異常,按摩輪浮動機構以外的運作終止。	
		出於安全考慮,當末能確認有人坐在按摩椅上時,按摩椅將停止運行。如果坐在按摩椅上依然出現 該錯誤,請按下	

^{*}請聯絡授權服務中心。(售後服務中心的電話號碼可於保用證書中找到。) 聯絡時若能提供故障代碼,服務和維修將進行得更順利。

▲ 警告

- 請勿擅自改造本機。請勿自行分解或修理本機。 不遵守本事項,可能引起火警、機體運行異常或造成傷害。
- 使用中不能動彈或發覺機體異常時,請立即停止使用,拔出電源插頭,將本機送交指定維修中心檢查修理。 不遵守本事項,可能引發觸電或火警。

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