



| Series | No. | Menu |
|--------|-----|---|
| Steam | 1 | Steamed Fish |
| | 2 | Steamed Eggs |
| | 3 | Steamed Chinese Bun(Raw) |
| | 4 | Steamed Frozen Foods |
| | 5 | Steamed Canned Foods |
| | 6 | Steamed Frozen Shrimp Dumplings |
| | 7 | Steamed Rice |
| | 8 | Steamed Grains |
| | 9 | Steamed Fresh Vegetables |
| | 10 | Braised Baby Cabbage in Broth |
| | 11 | Steamed Sponge Gourd with Minced Meat and Tofu |
| | 12 | Steamed Dried Scallops with Enoki Mushroom |
| | 13 | Steamed Quail Eggs with Minced Meat and Mushrooms |
| | 14 | Shrimp with Green Vegetable |
| | 15 | Thai Lemon Shrimp |
| | 16 | Steamed Shanghai Crabs |
| | 17 | Steamed Clam with Wine |
| | 18 | Steamed Scallop with Mashed Garlic |
| | 19 | Steamed Razor Clam |
| | 20 | Steamed Fish Head Spicy Stew |
| | 21 | Steamed Chicken with Mushrooms |
| | 22 | Chinese White Sliced Chicken |
| | 23 | Steamed Pork Balls |
| | 24 | Steamed Pork with Rice Flour |
| | 25 | Steamed Pork Ribs with Glutinous Rice |

| Series | No. | Menu | |
|--------|------|------------------------------------|----------------------------------|
| Grill | 26 | Roasted Scallop with Minced Garlic | |
| | 27 | Salmon Salad | |
| | 28 | Roasted Saury with Salt | |
| | 29 | Teriyaki Chicken Wings | |
| | 30 | Spicy Chicken with Chili Sauce | |
| | 31 | Roasted Chicken Thigh with Honey | |
| | 32 | Baked Quail Eggs with Salt | |
| | 33 | Duck Confit | |
| | 34 | Roasted Pigeon | |
| | 35 | Barbecue Pork | |
| | 36 | Korean Roasted Streaky Pork | |
| | 37 | Spare Ribs with Garlic | |
| | 38 | Tender Roasted Streaky Pork | |
| | 39 | Tender Roasted Pork Ribs | |
| | 40 | Tender Roasted Beef | |
| | 41 | Roasted Lamb | |
| | 42 | Roasted Lamb Chops with Cumin | |
| | Stew | 43 | Sliced Beef with Wine Sauce |
| | | 44 | Stewed Rib Soup |
| | | 45 | Herbal Beef Brisket Soup |
| | | 46 | Bamboo Fungus and Duck Soup |
| | | 47 | Stewed Pear with Rock Sugar |
| | | 48 | Peach Gum and Lotus Seed Dessert |
| | Fry | 49 | Grilled Fish Fillets |
| | | 50 | Fried Shrimp Cutlets |
| 51 | | Fried Shrimp with Bread Crumbs | |
| 52 | | Fried Frozen Spring Rolls | |
| 53 | | Fried Frozen Dumplings | |
| 54 | | Fried Frozen Chicken Wings | |

| Series | No. | Menu | |
|--------|--------------|--|----------------------------------|
| Dimsum | 55 | Pork Pastry | |
| | 56 | Roasted Cashew Nuts | |
| | 57 | Mochi | |
| | 58 | Home-made Pizza | |
| | 59 | Chiffon Cake | |
| | 60 | Cheese Cake | |
| | 61 | Butter Bread Roll | |
| | 62 | Milk Toast | |
| | 63 | Seafood Toast | |
| | 64 | Puff | |
| | 65 | Portuguese Egg Tarts | |
| | 66 | Chocolate Cookies | |
| | 67 | Almond Tuiles | |
| | 68 | Sugar Free Salty Cheese Sticks | |
| | 69 | Crème Brulee | |
| | Ferment | 70 | Home-made Yogurt |
| | | 71 | Frozen Croissant Dough (Ferment) |
| | | 72 | Steamed Bun Dough (Ferment) |
| | | 73 | Pizza Dough (Ferment) |
| | Baby Recipes | 74 | Baby Steamed Sweet Potatoes |
| | | 75 | Salmon Flake |
| | Clean | 76 | Baby Yogurt Melts |
| | | 77 | Baby Mushroom Seasoning Powder |
| | | 78 | Cleaning Utensils 1 (quick) |
| | | 79 | Cleaning Utensils 2 (standard) |
| 80 | | Cleaning Utensils 3 (high temperature) | |
| 81 | | Cleaning (Deodorization) | |
| 82 | | Cleaning (Cavity) | |
| 83 | | Cleaning (System) | |
| 84 | | Cleaning (Citric Acid) | |

| 系列 | 編號 | 食譜 |
|----|----|---------|
| 蒸氣 | 1 | 蒸魚 |
| | 2 | 蒸蛋 |
| | 3 | 蒸包點 |
| | 4 | 蒸急凍食物 |
| | 5 | 蒸罐頭食品 |
| | 6 | 蒸急凍蝦餃 |
| | 7 | 蒸米飯 |
| | 8 | 蒸雜糧 |
| | 9 | 蒸蔬菜 |
| | 10 | 上湯娃娃菜 |
| | 11 | 白玉勝瓜 |
| | 12 | 瑤柱蒸金菇 |
| | 13 | 香菇肉碎鹵鵝蛋 |
| | 14 | 翡翠蝦球 |
| | 15 | 泰式檸檬蝦 |
| | 16 | 清蒸大閘蟹 |
| | 17 | 酒蒸蜆 |
| | 18 | 蒜蓉粉絲蒸扇貝 |
| | 19 | 蒸蝗子 |
| | 20 | 剁椒魚頭 |
| | 21 | 香菇蒸雞 |
| | 22 | 白切雞 |
| | 23 | 清蒸獅子頭 |
| | 24 | 粉蒸肉 |
| | 25 | 糯米蒸排骨 |

| 系列 | 編號 | 食譜 | |
|----|----|---------|-------|
| 燒烤 | 26 | 金銀蒜蓉烤帶子 | |
| | 27 | 三文魚蔬菜沙律 | |
| | 28 | 鹽烤秋刀魚 | |
| | 29 | 照燒雞翼 | |
| | 30 | 川味口水雞 | |
| | 31 | 蜜糖烤雞腿 | |
| | 32 | 鹽焗鵪鶉蛋 | |
| | 33 | 油封鴨腿 | |
| | 34 | 烤乳鴿 | |
| | 35 | 蜜汁叉燒 | |
| | 36 | 韓式烤五花肉 | |
| | 37 | 蒜香排骨 | |
| | 38 | 嫩烤五花肉 | |
| | 39 | 香嫩豬肋排 | |
| | 40 | 嫩烤牛肉 | |
| | 41 | 烤羊肉 | |
| | 42 | 孜然烤羊排 | |
| | 燉 | 43 | 香糟牛腩 |
| | | 44 | 燉排骨湯 |
| | | 45 | 牛腩藥膳湯 |
| 46 | | 竹笙老鴨湯 | |
| 47 | | 冰糖雪梨 | |
| 48 | | 桃膠雪蓮子 | |
| 煎炸 | | 49 | 煎魚塊 |
| | 50 | 香煎蝦餅 | |
| | 51 | 麵包糠炸蝦 | |
| | 52 | 急凍春卷 | |
| | 53 | 急凍煎餃 | |
| | 54 | 急凍炸雞翼 | |

| 系列 | 編號 | 食譜 | |
|------|----|-------------|---------|
| 中西點 | 55 | 叉燒酥 | |
| | 56 | 烤腰果 | |
| | 57 | 雪媚娘 | |
| | 58 | 自製薄餅 | |
| | 59 | 戚風蛋糕 | |
| | 60 | 芝士蛋糕 | |
| | 61 | 牛油麵包卷 | |
| | 62 | 牛奶多士 | |
| | 63 | 海鮮多士 | |
| | 64 | 泡芙 | |
| | 65 | 葡式蛋撻 | |
| | 66 | 朱克力曲奇 | |
| | 67 | 杏仁瓦片 | |
| | 68 | 無糖鹹味芝士條 | |
| | 69 | 焦糖布甸 | |
| | 發酵 | 70 | 自製乳酪 |
| | | 71 | 急凍牛角包發酵 |
| | | 72 | 饅頭麵團發酵 |
| | | 73 | 薄餅麵團發酵 |
| 寶寶食譜 | 74 | 寶寶薯丁 | |
| | 75 | 三文魚鬆 | |
| | 76 | 寶寶乳酪溶豆 | |
| | 77 | 寶寶香菇味素 | |
| 清潔 | 78 | 清潔容器 1 (快速) | |
| | 79 | 清潔容器 2 (常規) | |
| | 80 | 清潔容器 3 (高溫) | |
| | 81 | 清潔 (脫臭) | |
| | 82 | 清潔 (爐壁) | |
| | 83 | 清潔 (蒸氣系統) | |
| | 84 | 清潔 (檸檬酸) | |